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SPECIAL**

**Cheryl
SLAMS
fans** | **Simon's
'GETTING
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KATIE & PETER

**TOXIC
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On their
10th wedding
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7 September 2015

She's so Now

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Reality bites for Cheryl

Forget Simon Cowell and Nick Grimshaw, this year's X Factor is all about the women! Cheryl Fernandez-Versini's taking no prisoners and the focus is on girl power now she's bonded with fellow fashionista Rita Ora, saying: 'We're having fun together.'

Having a weather wardrobe crisis? Turn to p62 for the latest high street styles to wear come rain or shine. Enjoy the issue!



Caroline Millington,
Acting Deputy Editor
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Tried 'n'
tested
beauty, p56

Accessorise
your
autumn, p62

Inside this week

On the cover

- 6 What have they done? Lauren Goodger, Tori Spelling, Farrah Abraham, Courteney Cox and more
- 14 Peter Andre and Katie Price
- 36 Behind the scenes at The X Factor
- 62 The In-betweeners

News

- 4 Lovejuice
 - 18 #WhatToWearNow
 - 21 Need To Know Now!
 - 27 Celebrity Big Brother
 - 31 Celeb Shopping Selfies
 - 33 Hollywood Now
 - 40 Instapix
- ### Features
- 43 Keith Lemon
 - 47 Amy Willerton
 - 48 6 page Special: Casualty
 - 54 11 Things You Didn't Know About: Jason Bateman

Instagram

- 56 What's Trending Now
- 69 Glow the distance

Lifestyle

- 77 You & Improved
- 79 Oh My Bod: Amy Childs
- 81 Homes
- 83 Scopes

Entertainment

- 84 The Fix
- 89 Celebword
- 90 Whatever Happened To: Emily Symons

Get your
glow on,
p69



This week's **Love** juice

Who's **dating**, **mating** and **hating**

Jodie's secret wedding!

Jodie Marsh & James Placido

Glamour model Jodie Marsh, 36, has tied the knot with fiancé James Placido in a surprise Barbados ceremony.

Busty Jodie, who has had her fair share of love life dramas, was joined by close family and friends as she said her vows to her 'best friend' and 'soulmate.'

She later took to social media: 'I just married the love of my life, my soulmate, my best friend; James Placido, I love you and I'm so proud to be your wife.'

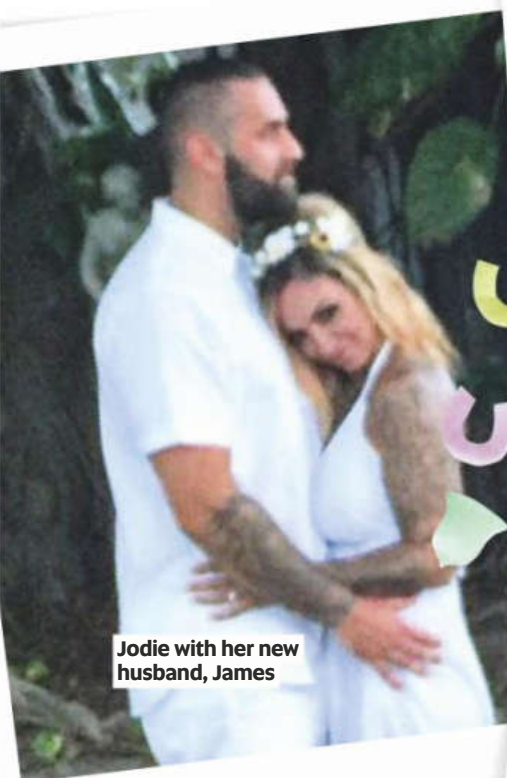
She even managed to keep the mystery man under wraps, having only been spotted with him once in May.

Her previous relationships have included Blazin Squad's Kenzie, former TOWIE star Kirk Norcross and she even had a brief spell dating her Australian stylist Nina. In 2007 she married Katie Price's ex Matt Peacock on TV show Who'll Take Her Up The Aisle but the pair split three months later.

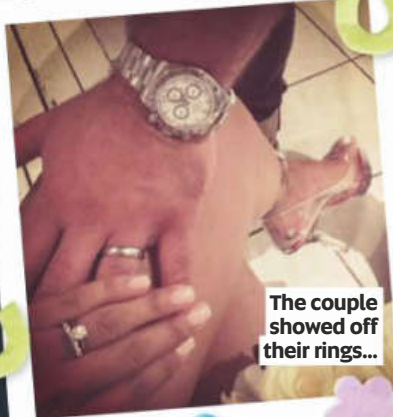
Jodie's happy news comes amid four years of celibacy after admitting she found it hard to trust men. Congrats!



Jodie looks gorge in her wedding jumpsuit



Jodie with her new husband, James



The couple showed off their rings...



...and Jodie's wedding gift to James

Kirk Norcross & Holli Willis

Following their whirlwind romance, former TOWIE star Kirk, 27, tweeted he's expecting a baby girl with his childhood sweetheart, Holli!



Holly Hagan & Kyle Christie

Reports claim Georgie Shore's Holly, 23, is facing rumours of boyfriend Kyle, 23, cheating.



LOVE ladder

Hotting up



Chris Martin & Annabelle Wallis

Two months on from splitting with Jennifer Lawrence, Chris, 38, has enjoyed cosy dinners with actress Annabelle, 30.



Megan Fox & Brian Austin Green

After reports last week claimed Megan, 29, had filed for divorce from Brian, 42, the actress has ditched her ring.

Cooling off

The Ex Factor

Caroline Flack & Jack Street

Poor Caroline, as if splitting up with boyfriend Jack twice in the last 18 months wasn't bad enough, she's now accused the music manager of spoiling her 'big' day! On the eve of her X Factor red carpet launch, the 35-year-old posted a cryptic message in response to a photo shared by Sam Smith. In singer Sam's snap, Caroline's ex, Jack, is seen with a pretty brunette in Ibiza. It's clearly too much too soon for Caz, who wrote: 'When someone who knows you more than anyone ruins the biggest day of your life.'



Odd new couple

Drake & Serena Williams

Things are said to be hotting up between rapper Drake and tennis champ Serena, 33. After publicly kissing at this year's Wimbledon, the pair have maintained a relatively low profile. But after being spotted enjoying dinner at a fancy Ohio restaurant, an American source has revealed that 'they couldn't keep their hands off each other'. What's more, Drake, 28, is said to be a 'true gent'. Jealous? Us?



Looking for love?

Lily Allen & Sam Cooper

She may be married to builder Sam, but singer Lily has signed up to ANOTHER dating site. The mum-of-two, who already has a Tinder account to 'meet people abroad' is said to have an account on Raya – dubbed Tinder for celebs. Pal Lethal Bizzle recently said he thought Lily was single, but her reps say she's married. Confusing...



Crush corner

RAFAEL NADAL, 29

We're hoping topless tennis becomes a thing after seeing Rafael show off his super-hot bod in the latest Tommy Hilfiger advert. Seriously, we'd want front row seats...



OH MY GOD WHAT HAVE THEY DONE?

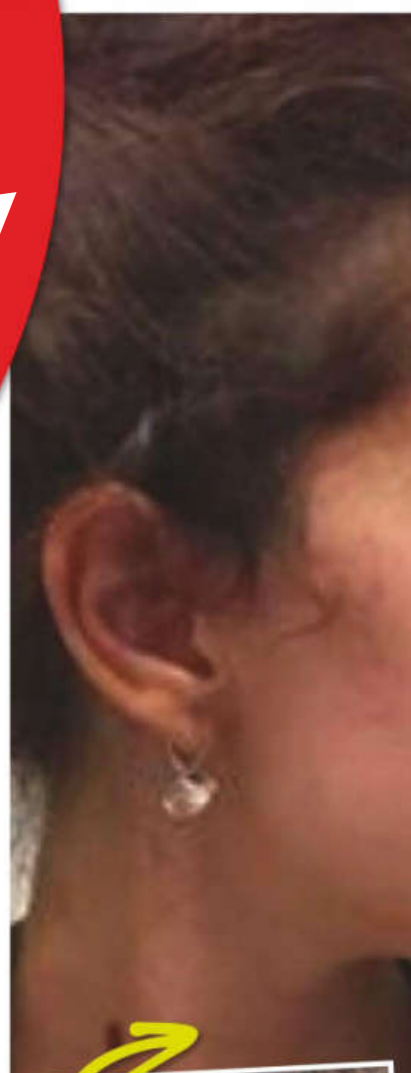
Wow! Check out the ever-changing faces of these celebrities



COURTENEY COX

'I'm open to trying to prolong the inevitable'

Courtney, 51, recently said: 'I wouldn't go under the knife.' But back in 2013 the actress admitted: 'I'm very open to trying to prolong the inevitable.' Anne Marie Gillett, non-surgical director at Transform, says: 'Courtney's cheeks and lips look fuller, which could be the result of fillers.'



Celebrities who've said



HEATHER LOCKLEAR





CBB'S FARRAH ABRAHAM

'Practice makes perfect'

Teen Mom and CBB star Farrah, 24, had an allergic reaction while undergoing a permanent lip implant in January. She explained: 'My job is to look my best for others. Fillers don't last forever, so I wanted a permanent implant.' When asked if she'll have more injections, she said: 'Practice is making it perfect.' But Farrah needs to be careful after she revealed her surgery nearly killed her!



TORI SPELLING

'I have the biggest fear'

Actress Tori left Calabasas Medical Spa in California last week with a splotchy, bright red face. She'd apparently undergone a chemical peel and microdermabrasion – which looked painful! Anne Marie says: 'Tori's red skin appears to be a natural reaction to a very recent chemical peel on her face. In a few weeks she can expect fresh, glowing skin.' Tori, 42, has previously had a boob job and nose job, but said: 'I have the biggest fear of going under for surgery.'

TURN FOR MORE ➡➡

Red face

Some stars became unrecognisable, but thankfully went back to a more natural look



2015



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WHAT HAVE THEY DONE?



LAUREN GOODGER

'I feel prettier'

It's hard to believe both these snaps are of the same person. Having admitted to a nose job in 2011, the former TOWIE star told Now: 'I love it. I do feel prettier and sexier.' Lauren, 28, also revealed she had a skin treatment, saying: 'While I was in LA I had a mild CO2 laser procedure on my face, but

that's it. It burns off the top layer of your skin. I looked like a chipmunk afterwards.' Last year, Lauren said: 'So many people have accused me of getting my lips done. I can assure you I haven't had anything done — it's just clever make-up.' Fans have begged her to quit, saying: 'Stop ruining your face!'

LARA FLYNN BOYLE

'I'm not looking forward to ageing'

Actress Lara, 45, has never admitted to having cosmetic surgery, but she has said: 'I am not looking forward to ageing.' Anne Marie says: 'Lara looks dramatically different. I'd say she's had filler in her lips, which takes emphasis away from her other facial features.'



IGGY AZALEA

'Denying it is lame'

Rapper Iggy, 25, has confirmed she had a nose job just months after having a boob job. She said: 'Denying it is lame. I don't think you should be ashamed if you made a change to yourself. It's important to remember you can never be perfect.'



DARYL HANNAH

'I'm a coward'

The 54-year-old actress has said: 'I'm too much of a coward to go under a surgeon's knife.' Anne Marie says of Daryl's youthful look: 'The recent pic of Daryl suggests she's had Botox injected into her forehead and filler in her cheeks and lips.'



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**WHAT
HAVE
THEY
DONE?**



**KYLIE
JENNER**

**'It's something
I wanted to do'**

Kylie, 18, admitted in May she'd had lip fillers after months of denying it. Speaking on KUWTK, she said: 'I have had temporary lip fillers. It's just something I wanted to do.'

Her denials were blamed on her not being 'ready' to talk about it. Her sister Khloé said: 'Kylie decided to plump her lips and I don't think there is anything wrong with that. If you've done something... it is right to cop up to it. If you avoid the question you're gonna look like a liar.'

Now her lips are bigger than ever!

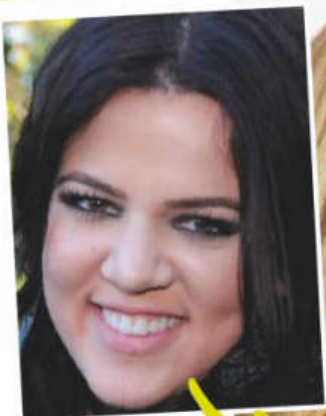


KARDASHIAN SURGERY SECRETS

**KHLOE
KARDASHIAN**

**'If you
want to do
a tweak,
I'm all for it'**

Just weeks after her little sister Kylie confessed the truth, 31-year-old Khloé sparked rumours that she had plumped her lips after posting a selfie of her displaying a huge trout pout on Instagram. Although she hasn't confirmed that she's had anything done, she did say: 'I'm not against plastic surgery - if you want to do a tweak, I'm all for it, but you have to love yourself first because no surgery is going to change your heart.' Wise words, Khloé!



KRIS JENNER

**'I had a little
freshen up'**



NOW

Kris Jenner, matriarch of the Kardashian family, has made no secret of the fact she's gone under the knife.

Just weeks before her daughter Kim's wedding to Kris Humphries back in 2011, the mum-of-six



2012

invited the cameras to film her undergoing a facelift for an episode of Keeping Up With The Kardashians. At the time, the star revealed it was a comment Kim made about her turkey-neck appearance that spurred her into making the decision.

'I did have a little freshening up,' she said. 'Well, after Kim used to start calling me "gobble, gobble"... So I had a little lower... they take your chin and pull it up.'

Kris, 59, was forced to deny having lip fillers three years ago claiming a food allergy reaction. And it was reported in February 2015 that Kris had another facelift after divorcing Bruce Jenner.

However, Kris has never confirmed the second procedure, although she did 'fess up to having non-invasive surgery: 'Botox, fillers, lasers, things like that.'



**Kris's lips swelled
after an allergic
reaction in 2012**



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On their 10th wedding

Katie & Pete

TOX

TW

Katie wants a face-to-face with her ex-husband and Now can reveal things are about

It's been 10 years since a loved-up Katie Price and Peter Andre said 'I do' at a million-pound fairy tale wedding.

Next week, on 10 September, it would have been their wedding anniversary – but having split six years ago, Now can reveal the two stars have hit an all-time low in their toxic relationship.

With 37-year-old Katie planning to taint Pete's popular, clean-cut image in a bitter court battle in January, the knives are being sharpened by both sides for all-out war.

Their bitter dispute is focused on:

- **Katie's belief that Pete's made millions out of her name and is now richer than her.**
- **How they're portrayed in the press with Katie as 'the baddie', Pete as 'the goodie'.**
- **The relationship between their new partners – Kieran Hayler and Emily MacDonagh.**
- **Their opposing views of parenting their two children, Junior, 10, and eight-year-old Princess.**
- **Katie's insistence Pete goes to court over her claims of leaked personal emails.**

A friend of the former glamour model tells Now: 'Katie won't be happy until the whole world sees Pete through her eyes. As far as she's concerned, he is absolute dirt and not half the man that everyone thinks he is.'

'But Pete believes Katie's apparent desperation for ultimate revenge will eventually destroy her – and he can't wait to see that happen. They're like two fighters preparing to go into battle. It's so ironic that just 10

years ago, they thought theirs was the UK's greatest love story. No one would have predicted this.'

Married in haste

After meeting on I'm A Celebrity... Get Me Out Of Here! in 2004, the two stars stunned the world by having son Junior and marrying within a year.

At the time, Katie said of Peter: 'I absolutely love him. Not only is

he drop-dead gorgeous but he understands me, I want to be with him forever.'

Pete said: 'Kate is a very, very sexy girl but she's much more than that. She's smart, she's funny and she's my perfect woman.'

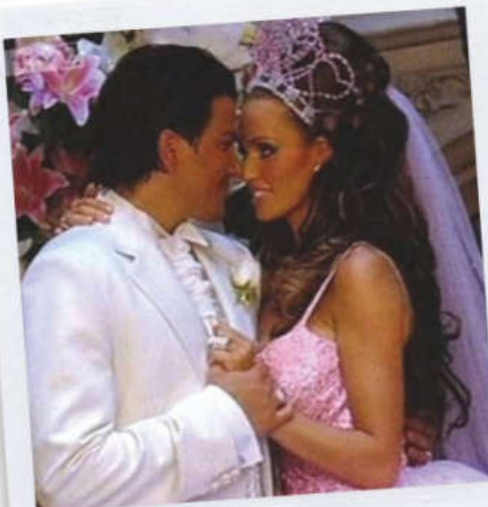
But in May 2009 the couple announced their shock split amid allegations – always strongly denied by Katie – of an affair with her horse trainer Andrew Gould.

In 2012, Katie said: 'It's just unfortunate that he thought I was having an affair with my riding instructor... that's why we split.'

Our source says: 'The public thought that the split was shocking but everyone within their inner circle could see it coming. Pete was unhappy, he put on weight, they would have endless rows over something as stupid as how much gel he put in his hair.'

'Pete was

'THE KNIVES ARE OUT ON BOTH SIDES'



10th September 2005

ding anniversary

SPECIAL REPORT

er's new

IC ST

to turn really nasty...

depressed. Kate reacted by getting angry and just going out and partying non-stop. It was a very twisted time.'

Back then, a devastated Peter said: 'I have never felt this low in the whole of my life. I can't eat, I can't sleep. I never wanted this to happen.'

He recently revealed he was horrified when a sobbing Katie discussed their break-up publicly in an interview on TV with Piers Morgan.

She claimed Pete asked for a divorce just weeks after she miscarried while she was 10 weeks pregnant.

'Emotionally for any woman, whether you're in the media or not, to have a baby die, run the Marathon, which is also a big thing on your body, and then your husband wants a divorce. That's a lot for someone to take in,' she said.

A source close to Pete, 42, tells *Now*: 'It was the biggest blow for Pete that Katie chose to go on TV and air their most private things. He never thought she'd sink so low.'

'Peter never talked about the real reasons for their split then and he's still never said anything

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SPECIAL REPORT

to this day. He has a code of conduct, which she just doesn't have. It's always been like that.'

The toxic twist

Katie's hellbent on having her revenge in court over claims of emails leaked to the press.

The case, which has dragged on for more than three years at a cost of an estimated £3 million, is now due to take place in January 2016.

Katie has told friends: 'People have told me that I'm mad for doing this but I want the whole world to see the truth about Pete.'

'Since the split I've been painted as the bad guy and he's been the good guy. If people knew the truth about him it would rewrite history and I'll finally get closure.'

Since their divorce, Kate has been engaged three times, married and divorced Alex Reid and then married Kieran Hayler.

Pete's only serious relationship has been with doctor Emily, 25, who he married just two months ago, a year after she gave birth to their baby daughter Amelia.

Katie's friend says: 'I think Kate's biggest thing is that Pete was a washed-up pop star when she met him and now he is a big entertainment star – and none of that would have happened if it wasn't for her.'

'I think she feels Pete has pinned her into a corner professionally. He's already made it as the darling of ITV with his two shows 60 Minute Makeover and Give A Pet A Home, and now he's on BBC's Strictly Come Dancing, he'll no doubt win over everyone too.'

According to friends, the star was furious that Pete called Emily 'the most beautiful bride I've ever seen' after his marriage.

'It was like a knife through Katie,' says one. 'She knows he loves

Emily, but Katie and Pete's wedding was the most romantic day of her life and she never thought he would forget that.

'She admits she was jealous – that's Katie, she can't help herself. She always wants to be the most gorgeous woman in the room and Pete has now got himself this pretty, young, well-brought up girl and that's a killer for her.'

Into battle

After she won over the public on this year's Celebrity Big Brother, Katie Hopkins

'IF THEY SPOKE IT WOULD END IN TEARS'

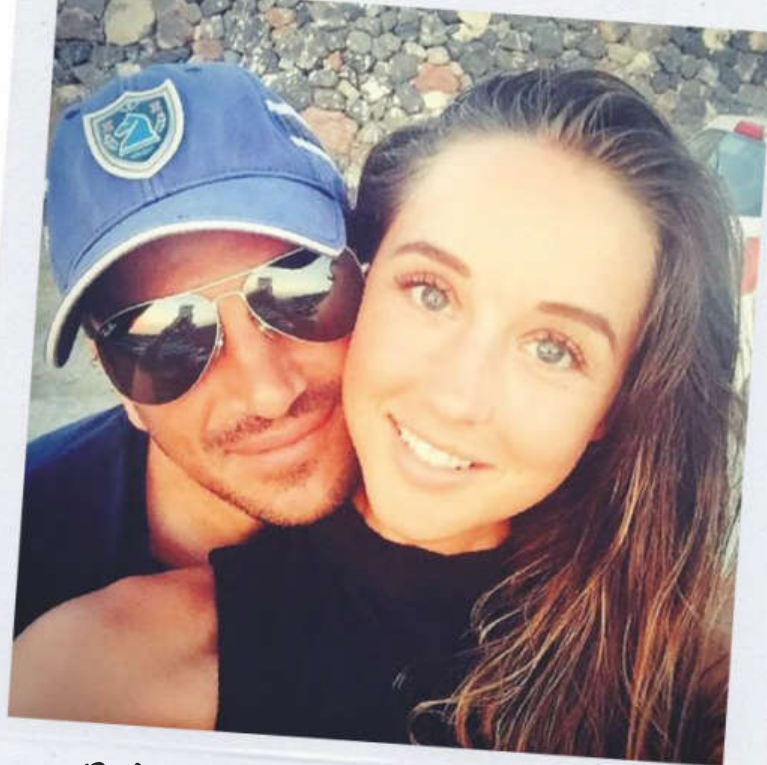
revealed Katie wanted to speak to Pete face-to-face instead of communicating through their partners as they currently do.

Katie Hopkins, 40, told Now in February: 'She said at the moment they only speak through lawyers – which is pretty bonkers considering the kids see him every week – and she'd like to get to the point where they can speak themselves.'

But a source close to Pete says: 'It's never going to happen. As far as Pete is concerned, the less he has to do with Kate the better.'

'He gets upset by some of her parenting decisions and if they spoke it would end in tears.'

Pete recently announced he's signed a new six-figure record deal. And after being announced as a contestant on this year's Strictly, Pete has been praised by the show's professional dancers, including Gleb Savchenko, who



Pete has found happiness with doctor Emily

tweeted that Pete was 'killing it.' And he'll no doubt be wowing the public when the show kicks off.

What would have been a nice, fresh start for Pete may not be the case. Not only is Katie's latest autobiography due for release in October, where she will dish the dirt on everyone, grabbing all the headlines, he has to also prepare for their upcoming court case.

A source tells Now: 'He blames Kate for using the case as a 'sword of Damocles' hanging over his head which stopped him planning his wedding to Emily because he never knew when a date for their case would be fixed.'

'As far as Peter is concerned she has no grounds for the case and it's just her being the wicked witch bent on revenge. Emily is the peacemaker between them

but hell will freeze over before Pete speaks to Katie – she's done too much emotional damage and he's not going to take it any more.'

'Once that court case is over, he wants her out of his life.'

But Kate is planning a reinvention of herself and has some projects up her designer sleeve.

'For the last few years, all Kate has focused on is babies and her marriage to Kieran, which has been so traumatic. Her focus was taken away from her businesses and she's not been on TV as much,' her friend tells us.

'Kate is reinventing herself. She's changed her look by getting rid of her fake boobs and all the Botox, and now she wants to be a business woman again with her perfumes, equestrian gear,

make-up and books.

'She always saw herself as the star of the relationship and she wants to make sure she is going to shine brighter again.'

'Katie definitely wants to eclipse Pete. The weird thing is she is probably more obsessed with him now than she ever was.'

The fight is on.



Family woman: Katie with Kieran and three of her children, Harvey, Junior and Princess

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#What to wear N

Say #NoSireeToHosiery and buy into the dress + boots thing

It's NOT time for tights! It's September for clucks sake! Hear that hosiery? WE ARE NOT READY FOR YOU!

It may be bleurgh and drizzly out there, but now's the time we talk of 'shock heat waves!', 'scorchers' and blissfully ignore the onset of autumn. Instead we'll be trotting out our summer buys until it gets so Baltic that

frankly we'd look plain ridiculous in anything other than a onesie. And then – and only then – will we consider wearing tights. And those tights will be SO toasty, we'll call them trousers.

It's not just Now HQ who are barking '#NoSireeToHosiery' either! Celebrities like Blake Lively, Rochelle Humes, Millie Mackintosh and more are at it too. All of them determined to ditch the dernier, instead opting to slip on fashion's smartest seasonal combo – a dress + boots.

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All the news, none of the snooze



Nick and Simon's bromance

X Factor x-citement

Grimmy: 'Simon and I are getting married'

New judge Nick Grimshaw has struck up quite a bond with head honcho Simon Cowell, 55. In fact, the bromance is going so well that Grimmy jokes they're going to get *married*! Erm, awkward for Lauren Silverman, mother of Simon's 18-month-old son Eric much...

Nick, 31, said: 'We're in love. He's proposed to me and I'm going to

CHERYL'S SWEET THOUGHT

Cheryl Fernandez-Versini's teamed up with Greggs to launch a limited edition Belgian Chocolate Crunch Bar next week. Proceeds go to Cheryl's Trust, the charity she set up to support vulnerable youngsters in the North East.

marry him.' The Radio 1 DJ then showed off a ring on his finger to the camera, saying: 'That's our wedding ring, right there.'

He's not faking it!



Ed Sheeran's lion tattoo is real!

Ed Sheeran really knows how to mess with our minds. After unveiling some impressive lion artwork on his chest a few weeks ago, the singer has confused fans by telling them it was a fake.

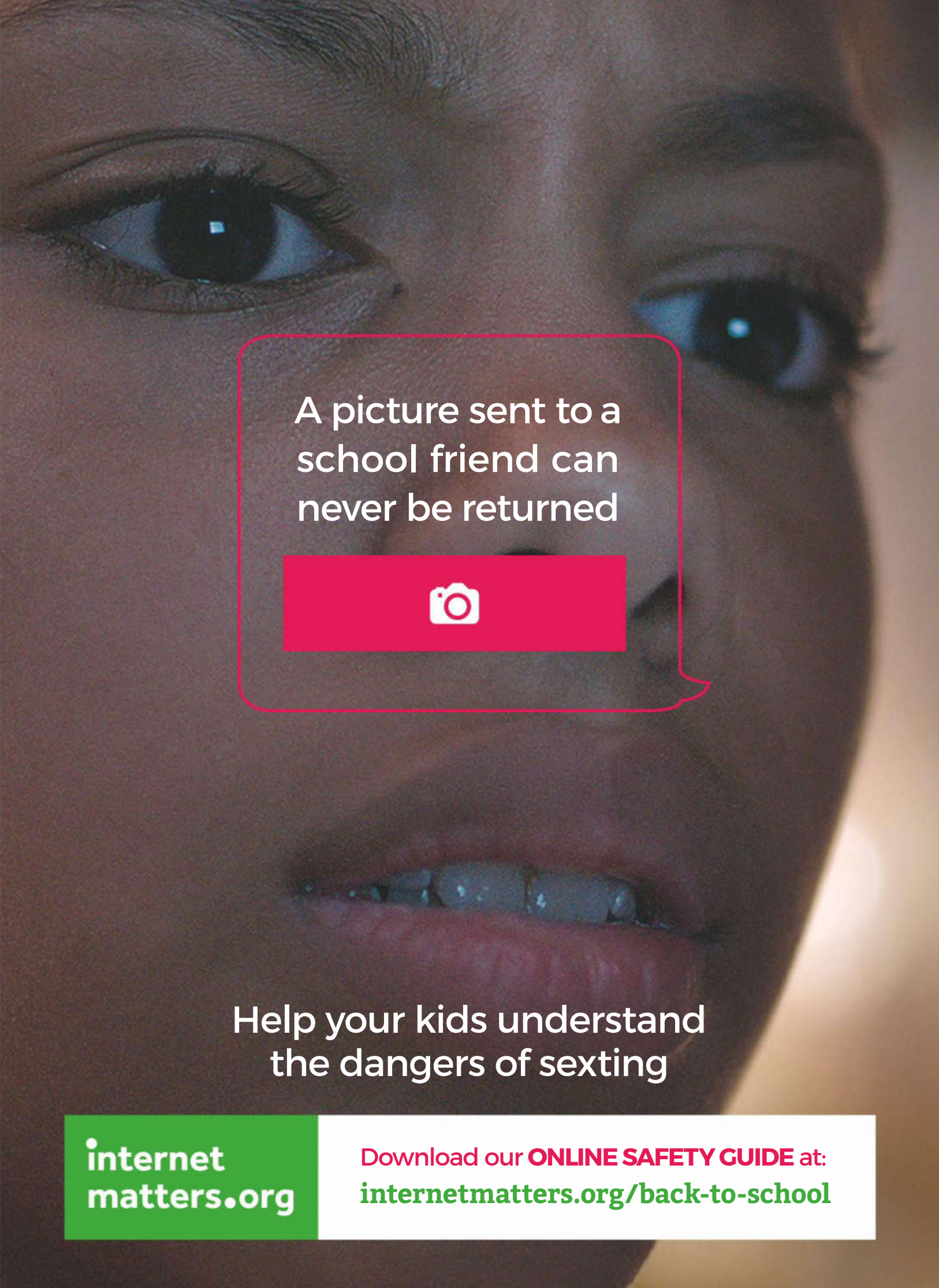
Ed, 24, uploaded a photograph of his tattoo-free bare chest. 'Was only joking about the lion,' he captioned the shot. However, some eagle-eyed fans claimed they could still see the

shadow of the lion on his chest, adding they thought the tattoo was covered up with make-up.

But Now's Dean Uzzell met Ed's tattoo artist Kevin Paul, who revealed the tattoo is definitely *not* fake. He said: 'I knew it was going to create interest, but I didn't think there was going to be that much fuss over it. All I'm saying is it has taken me six hours so far to put it on his chest. It's become the most famous tattoo out there.'

Another **Now** Exclusive



A close-up, high-contrast photograph of a young person's face, focusing on their eyes and mouth. The person has dark hair and is looking directly at the camera. A red speech bubble with a white border is positioned in the center of the face, containing text and a camera icon.

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Looking tired in Toronto in 2012



New recipe?



JAMIE'S AMAZING WEIGHT-LOSS SECRET

Jamie Oliver is looking better than ever these days and it's all thanks to his new food and lifestyle regime! The 40-year-old TV chef says he goes to sleep at 10pm and has given up alcohol during the week. He also swears by seaweed, nuts, eggs and herbs.

'Sleep has become profoundly important to me,' he says. 'I was never getting enough of it and I didn't understand the value of it. And I treat it like work. I have little vibrating things that shake me when it's

10pm. Your average Brit drinks booze. I'm not telling you what to do, but my rhythm now is to only drink at the weekend.

'A handful of nuts a day will qualify you for three extra years on the planet! And they make you half as likely to have a heart attack. Feed them to your kids as well.' He adds: 'Eggs are great and you can have them every day. Just don't go bonkers. You can swap them for meat in a meal.' Hand us the nuts!



Soap shock

Jane Beale arrives at hospital to see Lauren's baby

JACQUELINE'S BACK

Last spotted in EastEnders in February when she and Peter Beale moved to New Zealand, Jacqueline Jossa (Lauren Branning) has cut short her maternity leave to head to Albert Square. Jacqueline, 22, who has a six-

month-old daughter Ella with fiancé Dan Osborne, wasn't due to return to the soap until later this year, but has already filmed an 'explosive' return. She comes back as her dad Max stands trial for the murder of Lauren's BFF Lucy Beale.



With fiancé Dan and baby Ella

NEED TO *know* NOW!

Hoaxgate

Fake *NSync letter to 1D drives fans wild!



One Direction fans had the worst week ever thanks to a hoax letter supposedly from *NSync's Joey Fatone, 38, going viral. The letter, which came after their split announcement on 25 August, told 1D what to expect after their break-up. The prank post advised them they'd most likely end up 'sitting in a grimy condo sucking a noodle off your Playstation controller'. It was soon revealed the joke letter was actually penned by US comedienne Joanna Bradley. Phew!



Not going in the best direction?

Dance on!

Strictly hots up

The Strictly line-up is now complete with Call The Midwife's Helen George, 30, The Wanted's Jay McGuiness (left), 25, and Loose Women's Jamelia, 34. They'll be joining the likes of former athlete Iwan Thomas, 41, Irish singer Daniel O'Donnell, 53, former Corrie actress Georgia May Foote, 24, celeb chef Ainsley Harriott, 58, and sports anchor Kirsty Gallacher, 39, to battle for the glitterball.



Helen George will be busting her moves



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A woman is sitting on a light-colored floor, leaning back on her right arm. She is wearing dark blue denim jeans and black pointed-toe boots. The jeans have a bootcut style, flaring out at the ankles. The background is a plain, light-colored wall.

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CBB is here!!

Now digs deep and reveals the secrets of our new CBB stars

UK



This man means business when it comes to the ladies

James Hill

'Naughty sessions on TV? Who knows?'

AGE: 27

KNOWN FOR: Appearing on The Apprentice, James Hill became famous for his womanising on the show, even allegedly hooking up with another candidate. And he's not ruling it out in the house: 'I'm not saying I'll have these naughty sessions on TV, but who knows?'



Outspoken Sherrie's no stranger to a good argument

Sherrie Hewson

'I was attacked by my Corrie co-star'

AGE: 64

KNOWN FOR:

Coronation Street and Loose Women. She became a national favourite thanks to her ditzy Corrie character Maureen Webster. But in her autobiography,

Behind The Laughter, Sherrie revealed she was once subjected to a terrifying attack by a co-star. Sherrie says: 'Before I knew what was happening he had me up against the wall, almost throttling me.' She has also said that if an argument breaks out in the CBB house, she'll happily 'jump in'.



Natasha Hamilton

'I wished I was dead'

AGE: 33

KNOWN FOR: Being in girl band Atomic Kitten. On battling depression, the mother of four says: 'I was erratic. I remember saying: "Mum, I wish I was dead." There will be days in the house when I'm down, missing my kids.'

Will leaving her four kids prove too hard for the Atomic Kitten singer?



Other stars

Chris Ellison, 68, actor in The Bill

Gail Porter, 44, former model & presenter

Chloe Jasmine, 24, & Stevi Ritchie, 34, X Factor stars

Bobby Davro, 56, impressionist

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USA



Daniel (far left) with famous brothers Alec, Stephen and Billy

Daniel Baldwin

'Someone has to stir it up in the house'

AGE: 54

KNOWN FOR: Being an actor.

Born-again Christian Daniel Baldwin is one quarter of the Baldwin brothers. The *Homicide: Life On The Street* star's battle with drugs and alcohol has been well documented. In 1998, Daniel was found running naked around New York's Plaza Hotel, shouting: 'Baldwin!' and was arrested for possession of cocaine. Four-times married Daniel is now teetotal and looking forward to seeing people get drunk in the house: 'It's compelling to see them become more and more foolish.'



Janice and Daniel Baldwin met during the US *I'm A Celeb* – and it wasn't pretty

Janice Dickinson

'I'm not malicious'

AGE: 60

KNOWN FOR: Her career as a supermodel. Janice Dickinson, 60, had better look out now she's in the CBB house, as Daniel Baldwin has got it in for the former model. The actor spoke in 2009 of his hate towards the

reality star after he left America's *I'm A Celebrity* – *Get Me Out Of Here!* He ranted: 'Janice Dickinson is uneducated and over-medicated. She urinated in the camp, she stole food and lied about it... It's almost a sociopath's behaviour.' She said: 'Only saying things to be malicious – that's not who I am!'



Jenna Jameson

'I can't resist hot men'

AGE: 41

KNOWN FOR: Porn movies. Known as the queen of porn, Jenna Jameson is one of the world's most famous adult movie stars. Bisexual Jenna, who is mum to six-year-old twin boys, is currently dating Israeli Lior Bitton – and is reportedly converting to Judaism for him. However, the star, who doesn't drink alcohol, says that if a man catches her eye in the house, she may not be able to hold back! 'The thing I'm worried about is if a really hot man comes and I can't keep my hands off,' she says.

Other stars



Farrah Abraham, 24, MTV star



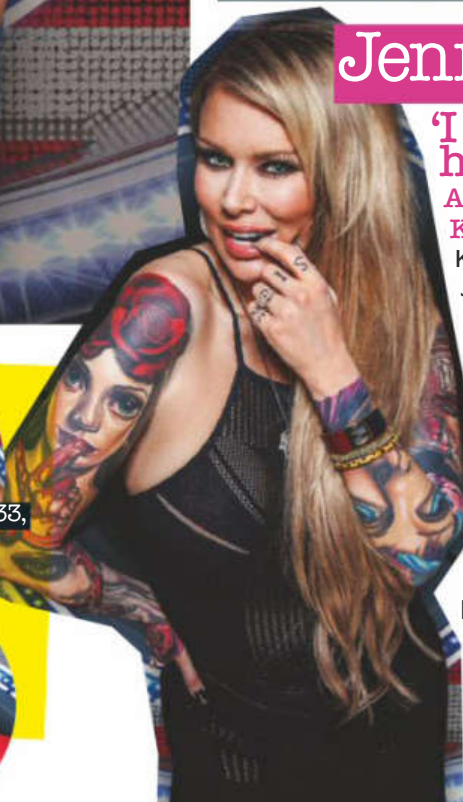
Austin Armacost, 27, Marc Jacobs's ex



Tila Tequila, 33, reality star



Fatman Scoop, 35, rapper



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Celeb SHOPPING SELFIES

Oooh what have they been buying and wearing this week?

V FESTIVAL SPECIAL

ROCHELLE HUMES

Going for the boho vibe, presenter Rochelle looks gorgeous in this printed top and tassel skirt from Very. Two trends in one – nice work!



ASHLEY JAMES

Jumping on the festival hype, ex-MIC star Ashley rocks an all-in-one from Jaded London. We can't pull it off, but we still like.



MILLIE MACKINTOSH

Giving us major leg envy, fashion guru Millie shows off her perfect pins in these white hot pants from Topshop.



LAURA WHITMORE

Top of the crops, TV presenter Laura shows us why she's still Queen of festival fashion.



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Now

Amal

YOU'RE HIRED!

Mrs Clooney hot pick for Apprentice

NBC executives have got their hearts set on Amal Clooney replacing Celebrity Apprentice host Donald Trump as he bows out of the show. The network is reportedly keen to hire the human rights lawyer and 'she's actually considering it'.

The show films in New York, where Amal, 37, is a visiting professor at Columbia Law School, and she and hubby

George love the city. While the network is considering other candidates, they're desperate for Amal. A source reportedly said: 'We want Amal. We think she could be the perfect fit. There's still an air of mystery about her.'

The show averages seven million viewers but the network thinks if Amal was on the show, it would attract way more. Well, we'd certainly tune in!

'Jess looks like a drag queen'

says sis Ashlee Simpson

Jessica Simpson may be sporting a slim figure these days but it seems her sister Ashlee isn't keen on her new look. A source says: 'Ashlee thinks Jessica is getting so muscular she's starting to look like a drag queen.' The insider says the These Boots Are Made For Walking singer is obsessed with her weight: 'Jess is so rigid about her diet - all she'll eat is steamed or raw veggies and grilled fish or chicken.'



Must perfect my steely stare



Mariah Carey's heartache

It's only been a month since Mariah, 45, announced she's in a relationship with Australian billionaire James Packer, 47. But their romance could already be on the rocks. James was spotted at a benefit in Sydney with his model ex-wife Jodhi Meares, 44. At the time Mariah was preparing for her Walk Of Fame

ceremony. An insider said: 'Mariah was furious when she saw pictures of her boyfriend with his ex.' Poor Mariah!



...while Mariah's date was four-year-old Moroccan and his twin sister Monroe

James took his ex out...

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LILO'S TELL-ALL BOOK TO GO AHEAD

For years Lindsay Lohan has teased the press about writing a tell-all memoir and now it looks like it's going ahead. The 29-year-old actress has finally found a ghostwriter for her biography. A friend says: 'She'll spill on who she's slept with, her Hollywood friends and enemies, her drug and alcohol issues, her crazy family and just about anything else.'

The friend also said Lindsay has been offered \$2m (£1.26m) for the memoir. A source said: 'She desperately needs the money. All her acting work has pretty much dried up and she has expensive tastes.' The ghostwriter, Anthony Bozza, has penned books with Eminem, Slash and Tommy Lee. We can tell this is gonna be juicy!

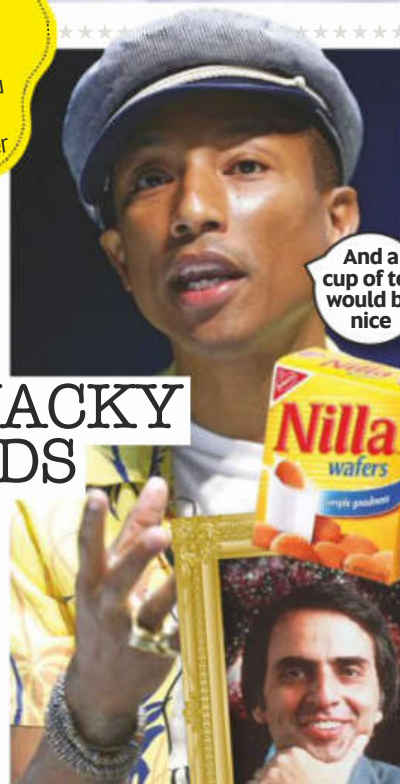
MILEY WAS 'TORMENTED' AS A CHILD STAR

Miley Cyrus, 22, has spoken out about being a child star, saying it led to body dysmorphia and anxiety. 'I'd get hot flashes, feel like I was about to pass out... You get in this hole that seems like you're never going to be able to get out of.'

Miley at 13

PHARRELL'S SERIOUSLY WACKY TOUR DEMANDS

Talk about diva demands! On tour, 42-year-old Pharrell Williams needs Nilla Wafers, Pedialyte, gluten-free bread, matches, 'super cold' sodas and two framed photos of astrophysicist Carl Sagan. The Happy singer says that Carl reminds him of 'how lucky we are to be on this planet'. Right...



And a cup of tea would be nice



TIFIED

PE

They nailed it, what can I say?

Demi Lovato is top of the tippers

An eyewitness spotted the Here We Go Again singer leaving a \$100 (£63) tip after her pedicure and foot massage at Holly Bella Nails & Spa in Tarzana, California. 'She was sweet and bubbly,' the witness told a US mag. Aww, we like her even more.

Charlize can't stop smoking

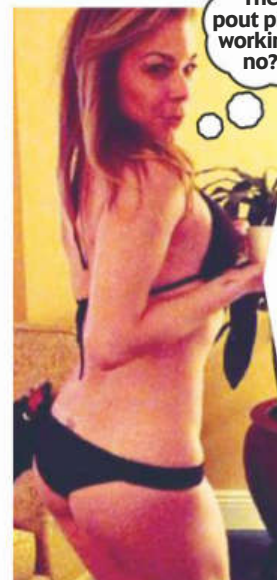
Charlize Theron, 40, has been puffing up to two packs of ciggies a day since splitting with Sean Penn. A source has revealed: 'Since she and Sean broke up, she's smoked like a chimney.' The source added she's coughed a lot and looks haggard. Eek.



The pout pill's working, no?

LeAnn Rimes is addicted to taking pills

The 33-year old singer has revealed she takes 40 pills a day to keep in shape. In an interview with The Gloss, LeAnn said: 'I take, like, 20 pills in the morning and 20 a night. I'm very strict about [it].' Her friend said: 'LeAnn is obsessed with taking pills. She takes one for everything - skin, nails, eyelashes... and more.'



'We hustled Si for

Rochelle Humes and Melvin Odoom talk about their Xtra Factor takeover

Following in Olly Murs and Caroline Flack's Xtra Factor footsteps takes a certain kind of confidence, not to mention magic.

But that's something new presenting duo Rochelle Humes and Melvin

Odoom are not short on either. Pop star-turned-presenter Rochelle, 26, and Kiss FM DJ Melvin, 35, admitted they hustled big boss

Simon Cowell to land one of the most sought-after gigs in showbiz. And with some super-smart ideas up their sleeves, they dictated how they felt the spin-off show should look amid The X Factor's dramatic shake-up.

Their determination paid off, with Si letting the pair have their own way. But how much is really set to change this year on the UK's biggest talent show?

Hey guys! How did you get the role on The Xtra Factor?

Rochelle: I had a meeting with Simon and told him loads of ideas of what we thought the show should look like, and he then asked us to go away and make a tape showing him.

New Xtra Factor
presenters
Melvin and
Rochelle

Simon Cowell

the gig'

Melvin: We were hustling and very proactive... bills to pay! [Laughs] But Simon loved the tape and we got the job. It's nice most of the fun stuff we suggested on it will now be on the show.

Amazing! And how's it going so far?

R: We're basically just having a laugh for a living!

M: We're so blessed at the moment. It's a really new experience for us both and has been really exciting.

What tips did Olly Murs and Caroline Flack give you?

M: They kept saying: 'You don't need tips from us!' but just watching them and their chemistry has helped us. They always tell us they miss doing The Xtra Factor because we're always having so much fun.

Sounds like you've put your stamp on The Xtra Factor! What changes will the main show have this year?

M: The Judges' Houses part of the competition is going to be live!

R: That's all we can say right now, but it's going to be super nerve-racking. So it's

not just the finals when we go live any more!

Who's your favourite judge?

M: We've known Grimmy [Nick Grimshaw] the longest from partying, and worked with him on another show, but Simon is so

cool. And Cheryl [Fernandez-Versini] is amazing.

R: Simon's more game to have a laugh than people think.

M: The whole show just feels really fresh and exciting this year.

R: I know Cheryl really well and it's great working with people who we're already comfortable with.

M: We feel we've become a part of the show.

Would you class Simon as a friend or boss?

M: Ohh! I think Rochelle's pretty close [to calling him a friend] already - I'm trying to slowly work my way up to that.

Rochelle, have you been bringing your two-year-old daughter, Alaia-Mai, into work with you?

R: At the minute she loves daddy daycare too much with Marvin. Instead of worrying about her being here she's been to the zoo and she's at a farm today. I actually FaceTimed

home the other day and she saw



A selfie of the new judging panel - Simon, you blinked!

Rita's dog Cher the Bear running around and now she wants one.

Cute! Will you get her one?

R: I just said: 'Come and look at Rita's instead.' She turned two in May, and she's...

M: [Interrupts] Your daughter!

R: [Laughs] ...she's really chatty at the moment. She asked me if she could have some lipgloss. Her dad wasn't chuffed and blamed me!

Have you met Simon's son, Eric?

M: Not yet, but we did get him a special bib with our faces on.

R: We wanted him to know ours is the better show... but then Simon told us he's not one-week old any more and it's not going to fit. Being a mum, I should have known that!

M: He didn't even take it home.

Do you guys hang out away from work?

M: She can't get rid of me! I sit in her dressing room watching while she gets ready.

R: That sounds weird.

M: [Laughs] Don't say that to Marvin, it's not like that!

R: We do socialise a lot, though!

M: I live around the corner from them, so we're always together.

Does Marvin get jealous at all?

M: He's the most supporting husband ever! He makes other men look bad. Trust me, he's the best husband out there. It's true.

R: We do a debrief and FaceTime him at the end of every day. It's like we're both married to him.

M: Yeah, I love being married to Marvin!



The friends have put their stamp on the new-look show



Larking about with Cheryl



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Our X Factor diary

Diva demands, contestant confessions and Simon's secret!

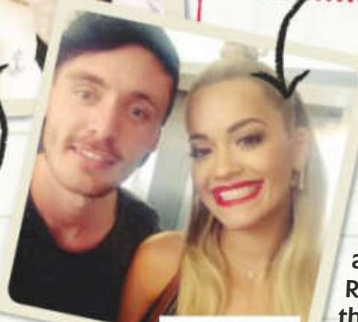
We headed down to Wembley Arena to get all the goss from Simon Cowell, 55, Cheryl Fernandez-Versini, 32, Rita Ora, 24, and Nick Grimshaw, 31, during the London leg of this year's auditions



Not as cute?!
Grimmy
with Rita

backstage. 'I just slept for two hours, and now I feel worse,' he jokes. 'This morning I had a bit of a lie-in – I got up at 5:30am for my radio show, rather than 5am.'

3:01PM Rita is finally ready! And we grab a quick selfie as she chases her pooch Cher the Bear round the dressing rooms.



Now's Joshua
grabs a quick
selfie with Rita

3:55PM Filming is due to start soon and final preps are carried out on the judges' table. Their demands? An iPhone charger wired across the arena for Rita to charge under the desk; and a fancy looking fan to be fitted under Cheryl's seat. And some hand sanitiser. Obv.

12:30PM

'Who's Nick Grimshaw?' we hear one slightly confused American girl ask her friend as the audience starts to queue outside. 'He's like Ryan Seacrest, but not as cute,' someone replies.

1:18PM

Xtra Factor's Rochelle Humes and Melvin Odoom begin bouncing around filming outside, much to the crowd's delight. They're doing something that involves a camper van... all will be revealed!

2:01PM

We grab a quick chat with group The Flirtations, who tell us: 'We weren't going to audition but the producers phoned us and asked us to come down. I demanded a meeting with them first.'

2:47PM

While the rest of the judges are still getting glammed up, a knackered-looking Nick stumbles past us

Cheryl gets
ready for her
close-up



4:44PM

The judges finally arrive! Simon introduces Cheryl as 'the diamond on his right', while Rita and Grimmy can't contain their excitement as the first singer begins...

5:12PM

The hair and make-up team step in to fix the judges! They remain a few feet away at all times and jump in between every other act. It's hard work looking good, eh?

5:49PM

Simon's eating Percy Pig sweets during a short break.

People cheer more at this than at the previous singer.

6:20PM

They say couples that meet at work are most

likely to marry, and it seems Grimmy is judging potential partners as well as pop stars. 'I need a husband!' he excitably shouts, after a gay duo takes to the stage. With Rita then adding: 'I'm so proud our country legalised gay marriage.'

6:29PM

A singer just said the forbidden C word – Cole. Chezza reacts quite coolly, stating: 'I've been called a lot worse.'

6:52PM

Cheryl snaps after a hotel worker contestant boasts of 'fallen footballers entertaining "friends"' at his place of work. 'You're not going to tell everyone in here who that is, are you?' she asks.

7:09PM

Recently single Rita now slams another auditionee who's shown a liking to Simon, shouting: 'Pay respect when someone's in a relationship.' Touchy subject, ladies?

7:24PM

Simon reveals his secret side project to one slightly bemused contestant... designing outfits to protect small dogs from seagull attacks. Rita adds: 'It's a million pound enterprise.' Hmm!

7:49PM

The first round over, the judges head to their dressing rooms before the next session. Cheryl takes a few cheeky selfies along the way.

8:15PM

We head home and reflect on our day. Three words come to mind: long, tiring and exciting!

The X Factor starts on ITV at 5.45pm this Saturday



Cheryl takes
selfies before
round two



HOT BOD

If our body looked like Julia Bradbury's just five months after giving birth, we'd be smiling too.



PERFECT MUM

Posing with her daughter Belle, Katie Piper revealed she plans to adopt a child with burns to give something back.

BUM NOTE

Wow! Nicole Scherzinger got a bit cheeky with this raunchy beach snap.

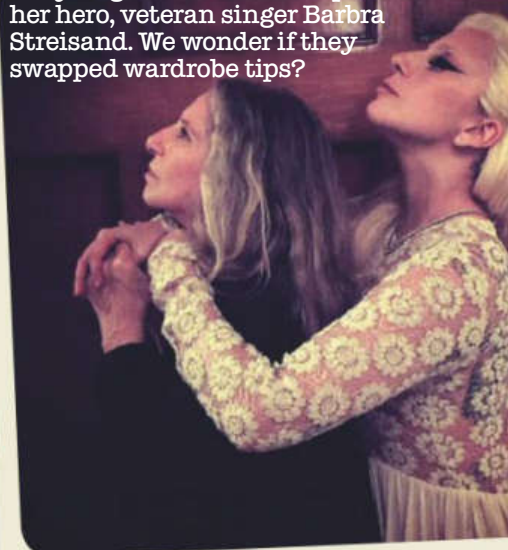


LIKE FATHER, LIKE SON

Look at those baby browns! Katie Price's son Junior is looking more like his dad Peter Andre every day. What a heartbreaker he's going to be.

FUNNY GIRLS

Lady Gaga shared this snap with her hero, veteran singer Barbra Streisand. We wonder if they swapped wardrobe tips?



Instapix of the week

Fun, filtered and far too revealing
— the lives of the stars
on social media

**LET
IT GOAL**
It was his daughter
Harper who was keen
for David Beckham to get
a pic with the Frozen
characters Elsa and Anna,
but he looks seriously
chuffed to be snapped
with the two
princesses.

BIKER BAKER

Well, this reveals
a different side
to Mary Berry!
She showed off
her wild nature
on the back of
a motorbike.

EPIC PHOTOBOMB!

George Clooney
certainly knows
how to kill a
romantic moment
between husband
and wife Cindy
Crawford and
Rande Gerber
while in Ibiza.



Mum knows best?

Gather the girls together to watch this summer's must-see comedy movie

If you and your mates are due a cinema night out, then have we got the perfect film for you! Three-time Oscar-winner Meryl Streep appears as you've never seen her before in *Ricki and the Flash* – this year's unmissable, heart-warming comedy.

Hitting the big screen on 4 September, Meryl stars opposite her real-life daughter Mamie Gummer, performing as a mother and daughter double act on screen for the first time.

Playing Ricki Rendazzo, the frontwoman of a rock band, Meryl once again shows off the other string to her bow – her incredible musical talent. Not only did she learn to play guitar for the role, but she also performed all the songs live during filming!

A SECOND CHANCE

After years on tour chasing her dream of rock 'n' roll stardom, Ricki returns home years later when her long-suffering ex-husband Pete (Kevin Kline) calls to say that their daughter Julie (Mamie Gummer) has been dumped by her husband.

As Ricki is forced to confront the realities of the family she

left behind, emotions begin to rise. But after all this time away can Ricki finally face the music and make things right with her loved ones again?

Get ready for an uplifting film about family connections, redemption and forgiveness, set against a brilliant backdrop of electrifying live performances. From Oscar-winning director Jonathan Demme and Oscar-winning screenwriter Diablo Cody, this is one film you won't want to miss. Get ready for Ricki!

Meryl Streep and Mamie Gummer are mum and daughter on and off screen



Find Out More

Ricki and the Flash is released in cinemas on 4 September. For more information, go to rickiandtheflashmovie.co.uk or [facebook.com/RickiAndTheFlash](https://www.facebook.com/RickiAndTheFlash), or tweet @SonyPicturesUK/ #RickiAndTheFlash

Keith Lemon

THE
BIG
INTERVIEW

‘My perfect date? **Have sex then watch The Kardashians!**’

From predicting babies to the perfect date, Keith shows his saucy self

As the host of two of the most bang tidy shows on the box right now, it's time to catch up with *Through The Keyhole* and *Celebrity Juice*'s Keith Lemon, 42, aka Leigh Francis. And he

can't wait to spill all on Holly Willoughby and Fearne Cotton's baby secrets ('what happens is, one of them gives birth, brings the baby on set, then the other gets broody'), snooping round Royal residences and his dream dates



Yet another award for Keith and *Celebrity Juice* co-stars Holly Willoughby and Fearne Cotton

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protein
crunch
450g

Selected stores. Available while stocks last. Weetabix offer ends 9th September 2015. Weetabix Protein Crunch 450g (44.4p per 100g), Kingsmill Medium 50/50 800g (9.4p per 100g), Innocent Smoothie for Kids Strawberries, Apples & Beetroot 4 x 180ml (25.3p per 100ml). Online minimum spend will apply and delivery charges may apply. Mobile network charges may apply. Photography shows serving suggestion.

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What's been the best Celebrity Juice moment so far?

In January when we won a National Television Award for Best Multichannel! This was always just a little show and it's spiralled into something a lot bigger. We have such a good time it's not really like we're working.

Do you ever get sick of Holly and Fearne constantly missing shows because they're pregnant?

Actually, yeah I do, cos I miss them. I don't think they'll be having any more, though. Fearne was planning two and I don't think Holly's going to be having any more. I hope. But I know what'll happen – Fearne will bring the new baby on set once she's given birth and then Holly will get broody again and go have another. It's like a chain.

Was Fearne angry with you for announcing she was pregnant at the NTAs in January?

No, I don't think she even knew she was pregnant at the time! When I arrived on the red carpet I thought I'd just make up a big elaborate lie to tell people for fun, so I said neither of the girls was there because one of them was pregnant – and then it turned out Fearne was.

It's like you predicted it!

Well, I was going to say Holly's pregnant with Fearne's child – because Fearne's got a dick hasn't she? And then say that they've both fallen madly in love and will get together for the baby... but I didn't have enough time.

Who'd be your dream guest to have on Celebrity Juice?

I did Tweet Kylie Minogue asking her to come on, and she said she'd think about it. But she hasn't got back in touch. I'd love Khloé Kardashian. She's the funniest from the family, with the most chat. There's a lot of lady to handle there, too, with them long legs. I like little spinners like that.

Have you ever thought about getting a Royal on the show?

I'd love to – if the Queen looked like Liz Hurley in that The Royals programme she did recently. Then again, if the Queen did look



like Liz you'd be able to sell her Christmas speech on DVD.

Through The Keyhole's back, too. Would you like to root around Buckingham Palace?

It'd be amazing to go round and see the Queen's gaff, wouldn't it? I like the idea that she's still into sex – age ain't nothing but a number. Her favourite number might even be 69. Do you think she's got a sex room?

Erm, can't say we've ever thought about it...

A Royal sex room! It's a nice idea [laughs]. She's a very mature lady.

Her knickers would be like big parachutes. I'm not really a royalist though, so I don't take much notice. I wonder how many tellies they have? It makes us quite exotic, having a Royal family in this country.

You constantly get a lot of female attention. Do you see yourself as a sex symbol?

Yeah, I always see myself as a sex symbol. A fan once put her finger up my bum and that's why I won't do corporate gigs any more. My arse is like a deposit box. It drops things off but nothing goes in.



Keith's dream guest line-up: Liz Hurley, Khloé Kardashian and Kylie Minogue

Are you dating anyone at the moment?

I'm seeing a French girl at the minute who's living with me – she can't tell what I'm saying and I can't tell what she's saying, so it's all good so far.

Does she ever get jealous of all your female fans?

I'm a one-woman man, but it is hard, especially in my job. You get so many women throwing themselves at you. You don't want to break their hearts and not put your penis inside of them.

What would be your idea of a perfect date?

Have sex, clean it off with a flannel, then watch The Kardashians.

Sounds, er, very romantic...

I'm quite an old-fashioned lover. I'm not into any of this kinky stuff. I'm not into back doors either because I always feel like a bad person. I tell girls not to give out too many blow jobs because you've got to keep them special for your partner. 'Don't shower me with your blow jobs,' I say. 'Just give me one occasionally.'

Through The Keyhole is on ITV at 9.30pm on Saturdays. Celebrity Juice returns on ITV2 at 10pm on 10 September.

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The newly single model's loving life with the LA crowd

She seemed to be totally loved-up with personal trainer boyfriend Rob Gough but it wasn't to be and the couple called it a day last month. Now Amy Willerton, 22, is throwing herself into work in LA, where she's been snapped up by Jack Osbourne to front a new TV search for a beauty pageant queen. Bristol native

Amy shot to fame at 18 when she won TV talent search *Signed By Katie Price*, fronted by Katie, but differences over her management meant Amy soon parted ways with the infamous former glamour model. In 2013 Amy's budding

romance with Joey Essex kept viewers captivated in *I'm A Celebrity – Get Me Out Of Here!* but that relationship wasn't to be, either. We pull up a pew to talk break-ups and living in LA...

Amy's relationship with Rob Gough ended last month



Amy Willerton

'Rob and I are never, ever getting back together!'

How are you finding living in California?

I love it. I'm going back tomorrow. It's my last day in London, so it's a bit sad.

Have you bumped into any of the One Direction boys there?

Oh gosh, you see everyone in LA. I'll be in the gym and Hulk Hogan will be like: 'Oh excuse me, can I get that weight.' It's surreal.

Have you had any romantic celeb encounters?

I remember once going into a club and Jamie Foxx was sitting at a table and he pointed at me and I was shaking my head like: 'No, no, not me, I'm happy over here.' The next thing I know, his bouncer comes and throws me over his shoulder and takes me over to his table. Then he gave me his number and I was like:

'OK, bye!' and I waved and ran.

Got any celebs living next door?

Vince Vaughn comes and eats his breakfast on the patio. It's kind of weird, I know.

We're sorry to hear about your break-up with Rob. Do you

think you guys will get back together?

To be honest, it's over. I'm single and ready to work.

You're presenting a beauty pageant competition in the US with Jack

Osbourne. Has filming started yet?

I'm filming it when I get back. We were supposed to film it earlier but I've had to stay longer in the UK because of commitments here. But I can't wait.

Do you have a secret weapon with which to crack US TV?

My weapon is the fact that I'm very quintessentially British! I'm kind of exactly what they expect from a British person. They love the Royal family, they love bulldogs and they love all that lah-di-dah. I very much pushed that into my television persona!

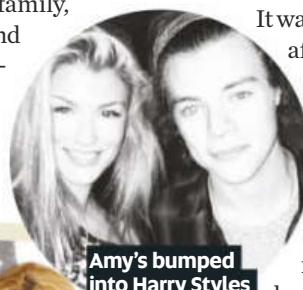
Are you still in touch with Katie Price?

Yeah! I had a text from Katie just last week, in fact.

We thought you'd fallen out...

Yeah, I don't know what that was.

It was slightly awkward after I left, but she was one of the first people to reach out when it was announced I was going into the jungle and wished me luck. She's always been really nice to me.



Amy's bumped into Harry Styles

Did Katie have any LA tips?

I didn't actually ask. The last time I spoke to her in LA she was just asking me: 'What's it like?' It's just nice to catch up with people.

Amy is the new face of the Sistaglam collection from lipstickboutique.com



Amy was chosen to be Katie Price's protégée but the two soon split

STARS RUSHE

As the hospital drama celebrates its 30th series, we reveal the A-list stars who've come through its A&E doors

It's famous for its gory operations, the more than occasional fire or explosion and an inventively gruesome array of accidents. But what's less well-known about one of Britain's most popular shows is the roll call of A-list names who started out their careers in it. In fact, no other British drama series has seen more big names come through its doors than the hit BBC drama. And every Saturday night around five million devoted fans settle down to hear that familiar theme tune and soak up the high drama.

The A-listers who launched their careers with a stint on the ward include Hollywood star Kate Winslet, heartthrob Orlando Bloom, action hero Tom Hiddleston, professional hard man Ray Winstone and Angelina Jolie's ex Jonny Lee Miller. And there were cameo appearances from the likes of David Walliams and Martin Freeman, too. As the show celebrates its 30th series on our screens, we take a look back at some of those before-they-were-famous scenes...



Words: Sofia Zagroule. Photos: Planet Photos, Rex

+ TOM HIDDLESTON

Best known for playing mischievous villain Loki in the Thor and Avengers films, not a lot of people know that Tom, 34, also appeared in Casualty. In fact, it was only thanks to his eagle-eyed army of fans – known as 'Hiddlestoners' – that we discovered these pics of a then rather more curly-mopped Tom making an appearance in the nation's favourite A&E drama as an ill-fated rock climber in 2007.



Rock star: Tom played a climber who comes a-cropper



FROM ID TO CASUALTY

TO START THEIR CAREERS

KATE WINSLET

All the way back in 1993 a fresh-faced 18-year-old Kate starred in an episode as a girl with an abusive boyfriend. The 39-year-old star, who now has six Oscar nominations under her belt, says: 'In England it almost seems to be part of a jobbing actor's training [to appear in Casualty]. Being on the show taught me a big lesson in how to be natural in front of the camera.' Four years later, Kate would shoot to worldwide fame starring alongside Leonardo DiCaprio in *Titanic*.

Casualty stalwart
Derek Thompson
(Charlie Fairhead)
and the young Kate



ORLANDO BLOOM

Orlando, 38, played a builder called Noel who was admitted after self-harming, in 1996. It's hard to believe now, but with another five years until

The Lord Of The Rings shot him to stardom as swoon-worthy elf prince Legolas, Orlando also appeared in one episode as an unnamed extra.



Hang on, nurse!
We'll give him
the kiss of life...



TURN FOR MORE ➤➤

CELEBRATING CASUALTY AT 30

+ JONNY LEE MILLER

Trainspotting star Jonny, now 42, turned up on the show as tearaway student Matt in a 1992 episode. On a field trip, Matt has a fight with another student before running off down a cave, falling unconscious and accidentally overdosing on painkillers (just for good measure). Jonny was 19 at the time.



Star quality: He had a tiny role, but Christopher made a real impact

+ CHRISTOPHER ECCLESTON

Christopher, 51, gave a brief but moving performance as a gay, HIV-positive patient called Stephen. This was in 1990, when Aids was still the source of huge controversy and far more likely to be fatal. A year later, Chris made his big-screen breakthrough in the acclaimed British film Let Him Have It.



+ ALFRED MOLINA

Now living in LA, Alfred, 62, was a little-known actor when he popped up as a rogue journalist in the first series of Casualty. A year later he starred opposite Gary Oldman in 1987's award-winning Prick Up Your Ears and has since pursued a prestigious Hollywood career that includes roles in Spider-Man 2, The Da Vinci Code and An Education.

Press pass: Alfred played a dodgy journo





MARTIN FREEMAN

Sherlock star Martin played a 19-year-old youth who took part in a robbery before being stabbed in the leg with a crowbar, in an episode in 1998. Martin's character makes quite an entrance as he's brought in screaming while blood spurts from his leg. 'At the time it was the biggest thing I'd done on telly, so I took it very seriously,' says Martin, now 43. 'I took it like it was my gig. I sort of thought I'd be walking up Bethnal Green High Street the next day and people would be going: "It's him!"' Funnily enough, they weren't.



Easy, Watson!
Martin acted his
socks off in his
first big TV role



RAY WINSTONE



Ray, 58, was cast as prison inmate Terry Brennan back in 1995 – a classic 'hard man with a heart' role of the type we've since become accustomed to in films like *The Sweeney* and *Sexy Beast*. His character caused a panic at the Holby hospital when he gave his guards the slip to confront his wife and her new boyfriend.



PARMINDER NAGRA



She's better known for her role in US drama *ER*, but it turns out Parminder got her medical training earlier than that. Her first role was in a 1996 episode of *Casualty*, playing a young girl who's assaulted by her brother when he discovers she's posed nude for a magazine. It's high drama when bro arrives on the ward. Parminder, 39, went on to make it big in *Bend It Like Beckham*, with Keira Knightley.

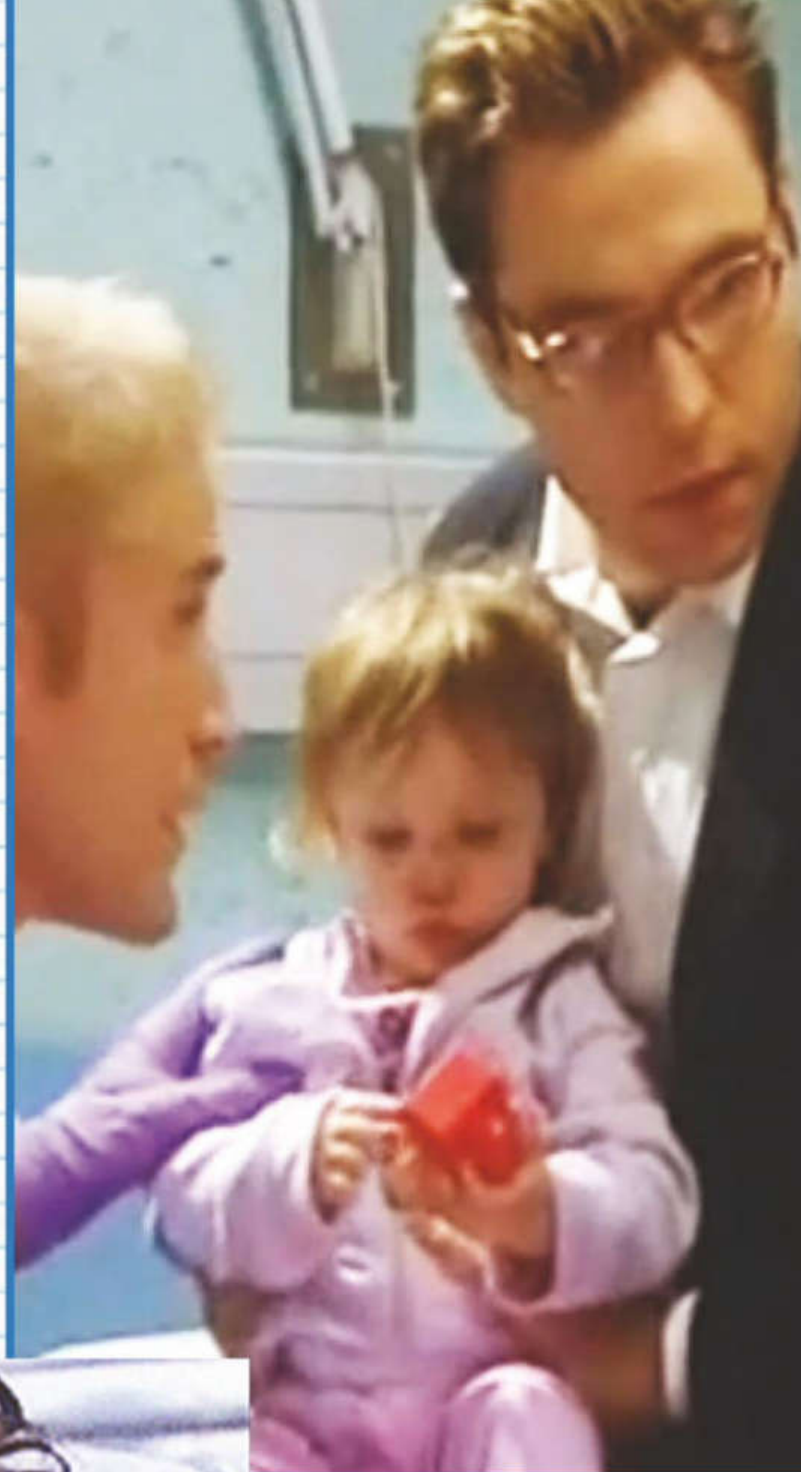
TURN FOR MORE ➡

CELEBRATING CASUALTY AT 30



PETE POSTLETHWAITE

Pete, who sadly died at the age of 64 in 2011, played a fireman in *Casualty* three years before he was nominated for an Oscar for *In the Name Of The Father*, in 1993.



Ouch! Aaron's not looking his best



AARON TAYLOR-JOHNSON

Aaron, 25, was still a teenager when he had a small role as Joey Byrne in an episode a few years ago. He won the lead role in *Nowhere Boy* three years later, married its director Sam Taylor-Wood and became hot property after playing the lead in superhero hit movie *Kick-Ass*. A string of high-profile roles followed.

SADIE FROST

Way back in 1988 Kate Moss's close chum Sadie Frost, now 50, played a character called Natasha in an episode titled *Inferno*.

DAVID WALLIAMS

Now one of the undisputed kings of comedy, Little Britain star and Britain's Got Talent judge David, 44, played a character called Jon Fielding in the episode *Love Hurts* in 2003.

No laughing matter: David plays it straight at the hospital

Cheer up, Minnie – you'll be hitting the red carpet in a few years' time!

MINNIE DRIVER

The British actress, 45, had a cameo role in 1991 – six years before she was nominated for a Best Supporting Actress Oscar in 1997's *Good Will Hunting*.



11 things you didn't know about *Jason Bateman*

'By the time I was 20, I wanted to play hard. And I did that well'

He's left his wild days of drugs and booze safely in the past

Talent runs in the family

Not only is Jason's dad the actor, writer and director Kent Bateman, but his older sister Justine Bateman was known in the 80s for her role as Mallory Keaton on US sitcom *Family Ties*. What's more, Jason's father-in-law is pop legend Paul Anka, who rose to fame in the 60s.

He started young

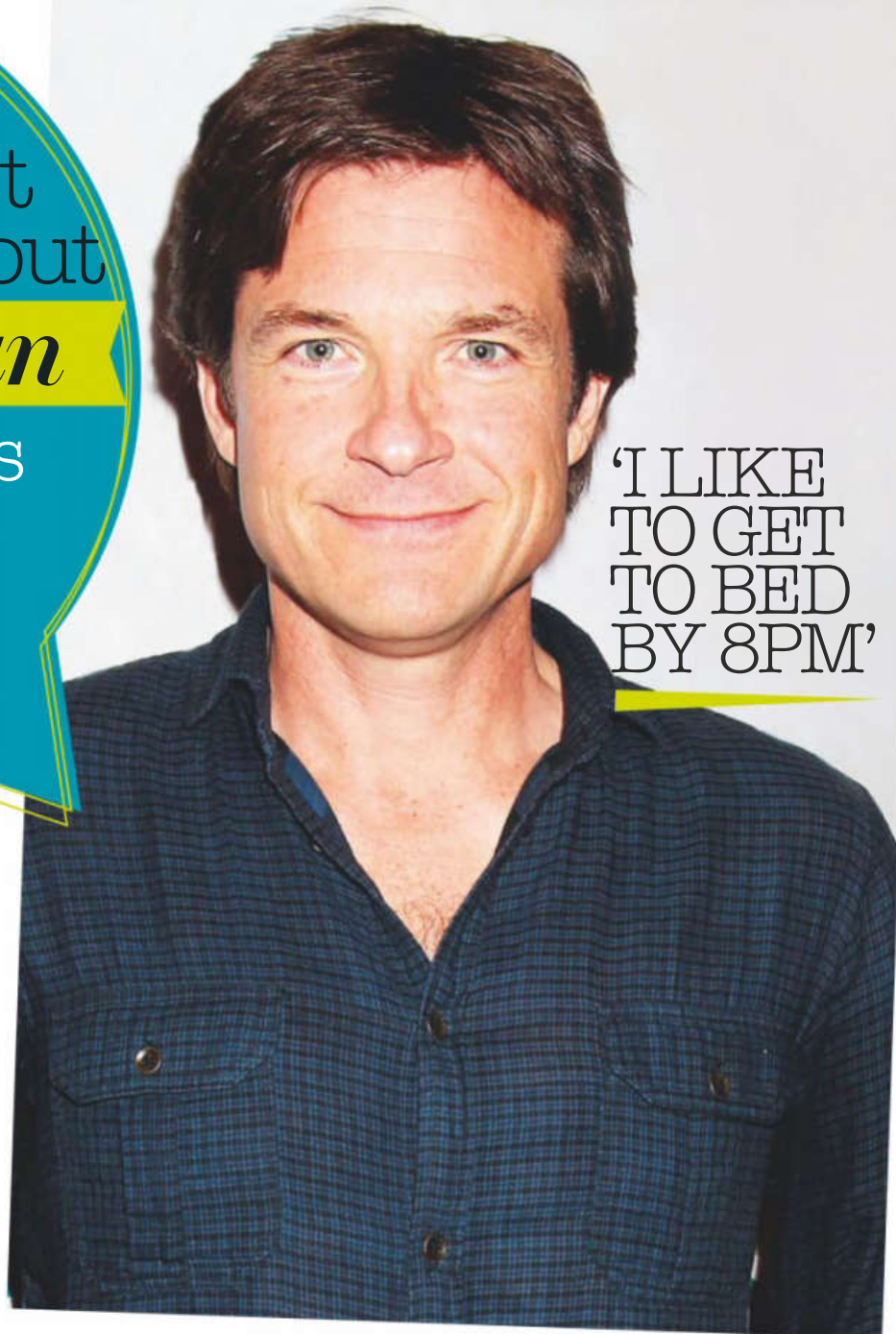
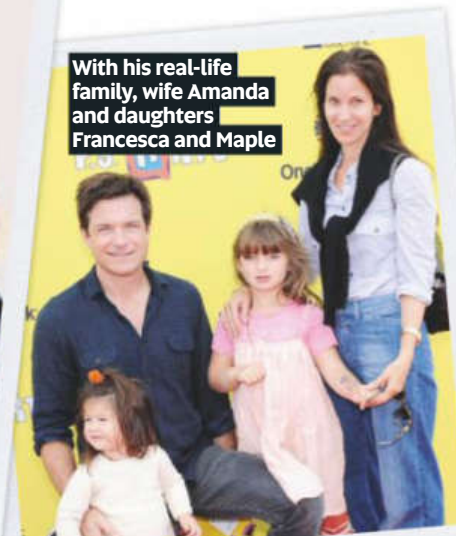
Jason, now 46, has enjoyed a pretty spectacular career, which began in 1981 when he was just 12 years old, playing James Cooper Ingalls in *Little House On The Prairie*. The following

year, the rising star bagged a part in sitcom *Silver Spoons*, showcasing his comedic talents and, by the time he was 18, he'd directed three episodes of US comedy *The Hogan Family*. Jason's opened up about his years as a young actor, admitting that the 90s were fairly wild. 'My parents were out of town, they left me a bunch of money, the car and the house, and I didn't know when they were coming home. I'd worked so hard that by the time I was 20, I wanted to play hard. And I did that really well,' he admits.

Jason, bottom right, had his directorial debut on *The Hogan Family* in 1989



With his real-life family, wife Amanda and daughters Francesca and Maple



'I LIKE TO GET TO BED BY 8PM'

Happily married

Jason was 32 when he tied the knot with childhood friend Amanda Anka in 2001. Marriage encouraged the actor to tone down his partying and more than 10 years has now passed since he's

had a drink. 'It was just a natural progression of growing. You do certain things in your twenties that are not appropriate in your thirties and certainly not appropriate in your forties,' he's said. 'And, quite honestly, the woman I was in love with was not really that tolerant of it, so I turned it off.'

He doesn't want his kids acting

Jason and Amanda have two daughters Francesca, eight, and Maple, three. Despite his own incredible acting career, he doesn't want Francesca opting for the same profession. 'She'll never get anywhere near a Screen Actors Guild card,' he's said. 'It's a real shitty way to make a living

'ACTING IS A BAD WAY TO EARN A LIVING'

because you can have all the ambition and work ethic and discipline in the world and not be guaranteed employment.'

Famous friends

Jason's pretty pally with Jennifer Aniston, 46, after they met during a ski trip in their early twenties, and he's revealed that they've

'always gotten along well'. They've worked together on four films: *Horrible Bosses*, *Horrible Bosses 2*, *The Switch* and *The Break-Up*. So why Jen? Jason jokes: 'Well, I've got a great deal of dirt on Ms Aniston, and as long as she continues to hire me for her projects, I will not show the pictures.'



Early to bed...

Now that he's a dad, Jason admits: 'The slippers are on at, like, 5.30pm and I like to be an hour into my sleep by 9pm. I like to go to bed early because Maple doesn't know how to talk good, she's up at 6am trying to learn how to speak better and I've got to listen to it.'

Google shameless

Jason's even admitted to reading much of what gets written about him online. He admits that he puts Google alerts on *every* search result relating to him. 'I get swamped with Google alerts,' he says. 'I'll also put out a Google alert on *The Change-Up* or anything else I happen to be in. I read the comments, I don't care, I'm a big boy and I've got a thick skin.'

Fitness fan

Jason loves to stay active and runs four to six miles at a time. 'I used to run outdoors for years but I recently got a treadmill, so I do my running at home now. There's better TV,' says Jason, who sips on a coffee before working out and also makes sure he goes for a 'poop' first. Err, lovely.



Loves having 'me time'

Jason's just like the rest of us, trying to ensure that he incorporates some relaxing moments into his busy life. 'I love a massage. I'd go every day if I could,' he admits. 'I don't need to be wrapped in herbs like a salmon fillet but I do love a massage.' We couldn't agree more!

He's been under the knife

Filming of USTV sitcom *Arrested*

Development was put on hold in 2005 after Jason underwent surgery to remove a benign polyp, a non-cancerous fleshy growth, in his throat. Ouch!

He's made a mint

Jason's said to worth around £19 million these days, but even in his younger acting days in the 90s, he and his big sister Justine were earning enough to support their parents. This, he admits: 'got a little complicated, a little confusing, but ultimately something I turned into a positive.'

Words: Lucy Cornall. Photos: INF, PA, Rex

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Words and styling: Gilly Ferguson and Lydia Thompson

Hello great Hair Days

Three Now readers got a real confidence boost by banishing those first greys

Sometimes telling a little lie is the best way out of a sticky situation. Like when your best friend asks if it shows that she's put on weight. Or when you convince yourself that ordering a huge pizza is fine because you went to the gym yesterday.

And while it's not fun when you catch sight of that first gleam of grey in your hair, you may tell yourself you don't care, or that it's a trick of the light.

But pretending it doesn't exist won't make you feel better for long. So maybe it's time to gloss over it with a semi-permanent, natural-looking colour? It's a simple solution that will give your confidence an instant boost.

That's where L'Oréal Paris Casting Crème Gloss

comes to the rescue. Its choice of 35 rich, glossy shades give such natural-looking results that no one will ever guess you've had a helping hand. Not only does it ease away the grey, but it also enhances your natural colour, leaving your hair satin-soft and super-shiny. Better still, it's ammonia-free!

Using it couldn't be easier and because there's minimum mess, it's a fuss-free way to colour your hair at home. Plus, it lasts up to 28 shampoos too.

There's no better way to gloss over a smattering of grey than with L'Oréal Paris Casting Crème Gloss. So when it comes to your hair you can stop kidding yourself and give yourself a brilliant boost that you can really believe in.



NOW'S ACTING ASSISTANT CONTENT EDITOR LYDIA SOUTHERN, 31



The little white lies we tell ourselves can make a massive difference to the way we look and feel. Who doesn't love a burger and chips on the weekend? I'm a sucker for it. I enjoy every second of that juicy burger and I tell myself I'll pedal extra

hard in my next spin class... For first greys, L'Oréal Paris Casting Crème Gloss gives me a boost so I don't have to kid myself. It's my top tip to bring your hair back to life. It gives you beautifully soft hair and a lovely glossy shine!

**'IT GIVES YOUR HAIR A
LOVELY GLOSSY SHINE!'**



JENNY GREEN, 31

I was looking for an easy-to-use hair colour that was close to my natural shade – and L'Oréal Paris Casting Crème Gloss fitted the bill perfectly. The instructions were very clear and I loved the Chocolate Fudge 403 shade. My hair felt silky soft and it's a great way to save on hairdressing bills.

'MY HAIR FELT SILKY SOFT'



ZUZANA RITCHIE, 36

Before using L'Oréal Paris Casting Crème Gloss my hair was a mix of brown at the top and faded blue midway down, plus the odd grey strand. I chose Darkest Brown 300 and was amazed at the rich, even coverage. It smelt lovely and left my hair in excellent condition – it was so much more shiny than before!

'THE RICH COVERAGE IS AMAZING!'



KIM GILL, 41

I've got a bit of grey at the front that's quite stubborn, so I don't normally use over-the-counter colour. But L'Oréal Paris Casting Crème Gloss covered it brilliantly. I went for the Honey Chocolate 503 shade and put it on the roots of my hair first, then ran it through the rest. The tone was very even and the texture felt really lovely. My husband even complimented me on it, which made my day!

'THE TEXTURE OF MY HAIR FELT REALLY LOVELY'

Find out more

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It's seen you through festivals and food shops, but your skirt-based summer romance needn't be over! Just add tights.



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fash. Add
heels to
dress it up.



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PRIMARK



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BALMAIN



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ASOS.
COM



£42
TOPSHOP



£40
RIVER
ISLAND

The sleeveless jacket

Sleeves, schmeeves! If the sun's out, get your guns out. If not, just add a slinky shirt.



DIOR



£28
MARKS &
SPENCER



£12.50
WALLIS



£64.99
NEW
LOOK



The white jeans

If summer had to be summarised by one fashion buy it'd be white jeans, right?
Keep the good mood going and add a striped polo neck if the sun's feeling shy.





DELPOZO

The culottes

Airy enough for shock September heatwaves, long enough to keep your knees nice 'n' snug, say hello to 2015's coolest trouser length. It's about to go BIG TIME. Just add round-toe ankle boots.



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£49
BHS



£32
TOPSHOP



£12
DAISY AND EVE
AT EVANS



£55
RIVER
ISLAND



£59
DUNE

The shoulder top

It's been making our arms redundant all summer (just try waving, high fiving or even drinking in it!) but the strapless top is undeniably chic. Give autumn the cold shoulder and add snug boyfriend jeans.





Softer, smoother skin after just one shower.

With our most effective skin-natural nourishment,
feel the difference it makes to your skin.

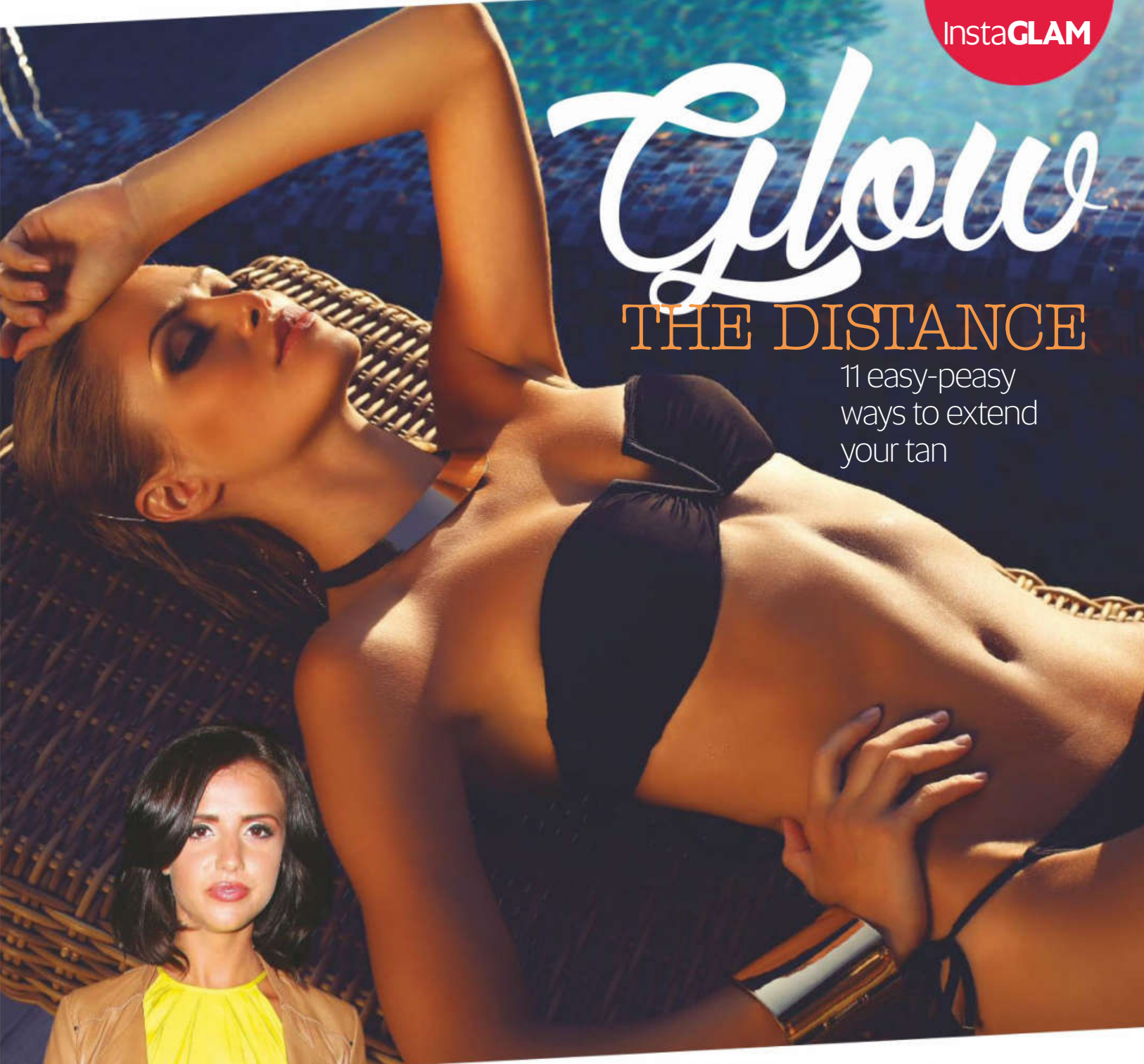
To learn about our breakthrough formula,
visit Dove.co.uk



Glow

THE DISTANCE

11 easy-peasy ways to extend your tan



Activate it

Basking can eventually become boring. Save time and catch a helping beauty hand with these booster pack buys.

Lucy Mecklenburgh simply won't be seen without tanned skin!

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Lock it

Moisturising is key. Keep those limbs well oiled, even after you've landed.

Oils will leave your skin nourished and silky to help prevent uneven tan wear-off

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SMOOTHIE OIL



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SUBLIME
DRY OIL

Oh Olivia
Palermo,
those
glowing
pins! #Jel



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gold mica,
subtle flecks
that reflect
the light



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POPPING
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RADIANCE
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Vanessa White
loves this

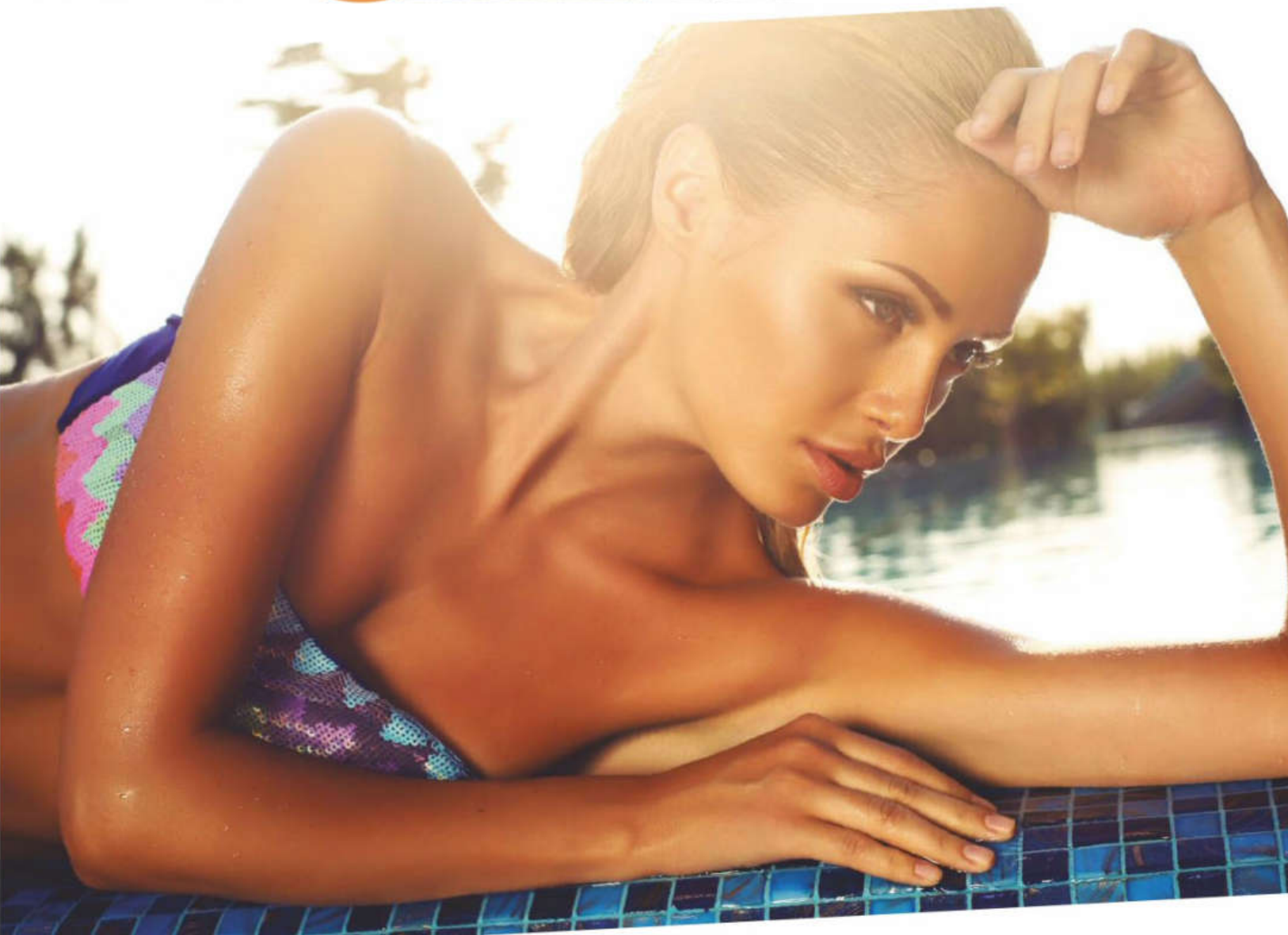
staGLAM



How
beaut is
Nicky
Hilton's
tan?

Enhance it

Magic an everlasting glow with some shimmering tricks. Ahh, sun loungers, we miss you so!



*blended for
beautiful hair*



BLENDING FOR SMOOTH, SLEEK HAIR
INFUSED WITH ARGAN OIL & JASMINE EXTRACT



Fake it

Don't feel left out – if the only way is faux, you've got some life-extending buddies, too. Woohoo! Sienna X's ambassador James Harknett says: 'To prolong that summer glow, avoid bathing and keep your showers warm but not steamy! Pat-dry your skin and moisturise the tan twice a day. Keep the colour longer and the skin nourished by applying an even layer of gradual tan. This will keep your skin supple and prolong the colour.'



£15
ST. TROPEZ
SELF TAN
TAN
BOOSTER



Apply a small amount on day 3 or 4 to beat the fade

£18
FAKE BAKE
AMPLIFY DAILY
GRADUAL TAN

Sarah-Jane Crawford tells us: 'I swear by St Tropez Self Tan Classic Tan Booster after a spray tan as it makes my tan last longer and it's so easy to apply at home'



Millie Mackintosh loves a faux glow



Match made in heaven

The UK's number one foundation just got even better...

The quest for the perfect foundation can be a beauty nightmare, but finding your dream base just got easier. The UK's number one foundation – Rimmel London Match Perfection – is true complexion magic in a bottle. And it's even better than ever!

So sheer it's invisible, this long-lasting formula evens out skin tone and imperfections to give you a flawlessly natural look. In fact, 96% of NOW readers agreed it gave them invisible, weightless coverage.

As if that wasn't enough, Rimmel London Match Perfection now features brilliant Pore Blurring Effect technology, a 24-hour moisture hydration complex with vitamin E and SPF20 to perfect and protect your skin.

Now available in 12 shades, your most flawless, satin-soft base is a beauty dream come true. Hello complexion perfection!

We asked three NOW readers to find their perfect match. Here's how they got on...

Carmella Anderson, 23

I didn't feel as if I was wearing any foundation at all with Rimmel London Match Perfection. I used Mocha, which gave really good coverage and disguised all my blemishes, but it still felt very nice and light. It's great that it has a high SPF to prevent the ageing effects of the sun and it kept my skin well-hydrated too.

MOCHA



Elizabeth Knights-Ward, 29

This is brilliantly hydrating! I used True Ivory, which matched my skin tone exactly. It glided on like a moisturiser and I only needed a little to give great coverage, with no 'heavy foundation' feeling. My skin looked and felt radiant – really even and fresh. I actually had two friends ask me what make-up I was using because they said my skin looked so clear and smooth!

TRUE
IVORY



Elsbeth Allen, 18

Rimmel London Match Perfection is a brilliant choice for summer – it gives great coverage, even on my dark circles, is lightweight and has sun protection, which is really important to me. To top it all, the Soft Beige shade gave me a flawless finish.

SOFT
BEIGE



Discover your perfect match today
Available at Boots, Superdrug, independent chemists and selected grocery stores.
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*vs. other Ultra Towels Normal within the UK market

YOU & Improved

Health, heart, happiness – how to supersize your life

GAME ON

RABBLE

THE FUN NEW WAY TO GET FIT!

We love new health crazes. This week we tried out Rabble, a games-based fitness class that gets you working out and laughing. Here's the lowdown...

What to expect
Childhood fun games that get you fit.

What games will I play?

There are 20 main games, split into ball games like kickball, netsketball and dodgeball, or Frisbee and chase games like British bulldogs, capture the flag, the hunger games and storm the castle.

Calories burnt!
Burn up to 600 calories.

organises regular events with huge turnouts – anything from pizza-making to laser tag and partying to brunch or a summery barbie.

How long does it last?

An hour.

What parts of my body will I tone?

Legs, bums and arms. Try out Rabble X sessions if you want to take it to the next level, where you work on the whole body.

Who should I do it with?

Come alone or with friends. Rabble prides itself on being super-social and inclusive. The Rabble social club

What you get
Improve your cardio fitness, speed, endurance and strength, lose weight and make new friends!

What you should wear

Bright work-out gear to get you noticed!



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Buttery

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A British classic complemented by a French favourite. President butter is so delicious, you won't be able to say 'non' to another.



You & Improved Oh.My.Bod.

Ex-TOWIE star **Amy Childs**, 25,

shares her top-to-toe health secrets

‘My arms jiggle all the time!’

HEIGHT: 5FT 6IN
WEIGHT: 8ST-ISH
DRESS SIZE 8

What's your favourite workout?

I love spinning and running. A few years ago I ran the Marathon and hope to do it next year. I used to do spinning or intense cardio three times a week, but now I tone up with weight training.

How do you motivate yourself to keep fit?

I like to look healthy and exercise makes me feel good. It's my job – especially with my clothing range – you have to look good in all the styles.

Do you follow any inspirational Instagram pages?

I follow a lot of healthy food Instagrams – although I can't cook most of it! Khloé Kardashian posts great videos of working out with her trainer that you can re-create at the gym.

Have you got a favourite body part?

Maybe my bum? I work hard with my trainer on my glutes. It's not quite Kim K, but I'm getting there! My least favourite would be my arms – I feel like they jiggle all the time.

What's your guilty food pleasure?

Domino's pizza. My local one knows my order! I'll have a cheat day on Saturdays when I eat what I want, but I only have Domino's once a month.

Do you have a favourite tippie?

I don't normally drink during the week but at the weekend I love a glass of wine – or Moët Rosé Champagne on a special occasion or nice Prosecco.

AMY'S FOOD DIARY

Now's expert sports nutritionist **Ollie Frost** gives his verdict on her daily diet



Breakfast

If I'm working out I have a cup of tea and scrambled eggs with a piece of granary toast.

OLLIE SAYS Scrambled eggs are high in protein and fats to keep you feeling fuller for longer, in combination with wholemeal toast to provide carbohydrates to fuel Amy's day.



340 cals

Lunch

For lunch I'll have a chicken salad.

OLLIE SAYS Chicken is a low-fat, high-protein meat that'll increase the full feeling – great when trying to drop body fat. Vegetables are high in antioxidants to protect the immune system.

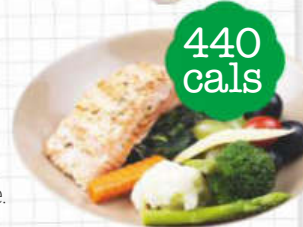


337 cals

Dinner

Dinner is usually something simple like fish with vegetables.

OLLIE SAYS Fish is a fantastic source of omega-3 essential fatty acids that reduce inflammation and cut your risk of heart disease. Don't skimp on carbs – a small sweet potato would be a perfect addition to increase overall calories.



440 cals

Snacks

I eat little and often, so during the day I'll keep going with nuts, fruit, avocado and bits of chopped-up veg.

OLLIE SAYS Snacking on healthy fats such as avocado and nuts is a great way to increase the feeling of fullness as they both contain high amounts of fibre.



245 cals

TOTAL CALS 1,362 (GDA 2,000)

VERDICT Amy's diet is high in protein, which will help her to build lean muscle tissue and promote fat loss. However, she's undereating by at least 500 calories. This will lead to her feeling tired and could have an impact on her hormonal balance.

Follow Ollie on Twitter @Ollie_Frost

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SHINY HAPPY *people*

Keep the summer glow
going with these metallic
statement pieces



'I earnt cash from a spa day!'

Nicola Graham, 31, from Corby, reveals why she's a fan of Quidco

Like most working mums, I never have enough time in the day. So I've always been big on online shopping. And when my sister recommended Quidco to me in 2009, I decided to give it a go. Once I'd got into the swing of shopping through Quidco, I was away! Most of my best savings have been on every day things. When I upgraded my phone with Orange, I got a whopping £120. And I got

£50 cashback for buying landlord insurance.

It's also a life-saver when it comes to my 10-month-old daughter

Charlotte. Baby things can be really expensive

but if we use Quidco at

Babies R Us, we can get cashback on everything from nappies to

toys. Quidco even came

to my rescue when I was on maternity leave, giving me £15 for signing up to LoveFilm: ideal for when I needed to put my feet up.

Nicola's earned
£1,000



Best of all, though, a few years ago my partner Martin and I went on a spa experience and got cashback for going. Imagine, being paid to relax!

A real plus is that you can decide how much goes into your account. I've set it up so that whenever I earn £20,

it goes straight into my bank account – just like that!

I've recommended Quidco to everyone I know and at first some of them think it's too good to be true. Of course, the £1,000 cashback I've totted up over the years soon sets them straight!

HOW DOES QUIDCO WORK?

Whatever you want to buy, it's likely you can get a deal or earn cashback with Quidco. Here's how:



1 Go to the website quidco.com and browse the hundreds of offers available at Quidco's retailers – or search for a specific product or service.



2 When you've found what you're looking for, just click through to the retailer's website via quidco.com and make your purchase.



3 Quidco tracks your visit and passes you the cashback. You can then withdraw it from your bank or PayPal account to spend (or save!) as you wish.

Want to earn cashback or get a deal with Quidco? Then join for free today – just visit quidco.com

Quidco

Scopes

SATURDAY 5-FRIDAY 11 SEPTEMBER

You & Improved



Your week ahead with **David Wells**



KERRY KATONA
turns 35 on
6 September

IF IT'S YOUR BIRTHDAY THIS WEEK...

Clarity in your love life is an ongoing theme and, while true honesty is required, following it through with heartfelt romantic gestures will go a long way. Love is high on the list – marriage, engagement or finally moving in are all very well starred. A new home may be on its way too, maybe overseas for some. Career will take a back seat to personal matters.

VIRGO 23 Aug-22 Sep

It's OK for you say whatever you want to your other half or someone close, but you have to mean it. Bending the truth will only lead to bigger issues, Virgo. It's not a week for exaggeration.

Call for more on a financial U-turn.
UK: 0905 8171566* IRL: 1560 787906*

SAGITTARIUS 23 Nov-21 Dec

You've had enough of a certain person's false promises and their bubble's about to be burst as you call them out. Well done! Career's awesome, but family may disagree with your choices.

A particularly flirty week. Call me.
UK: 0905 8171569* IRL: 1560 787909*

PISCES 20 Feb-20 Mar

You don't have the time to sort through things that deliberately set out to confuse you. You know who's giving you the runaround, so do something better instead – whether it's at work or in love.

Here come new challenges. Call me.
UK: 0905 8171572* IRL: 1560 787912*

GEMINI 22 May-20 Jun

Nothing you say is wrong if you truly believe in it. Once you realise that, the act of speaking your mind could release you into a world of friendship that you never even knew existed.

Love charms work – call for more.
UK: 0905 8171563* IRL: 1560 787903*

LIBRA 23 Sep-22 Oct

It's nice to fit in, but sometimes others won't be very accepting no matter what you say or do. So stand out, get out or shout out – there really is no need for you to play their silly games.

Call for news on work and friends.
UK: 0905 8171567* IRL: 1560 787907*

CAPRICORN 22 Dec-20 Jan

What lies beneath will always bob up to the surface and this time it's the turn of financial or emotional matters. Whether yours or someone else's, the art is to see the opportunity on offer.

Be clear in your responses. Call me.
UK: 0905 8171570* IRL: 1560 787910*

ARIES 21 Mar-20 Apr

Been working through some tough times romantically? Clarity and answers will finally arrive this week, so all you've got to do is act on what you've discovered. Be true to yourself.

Stronger times lie ahead. Call me.
UK: 0905 8171561* IRL: 1560 787901*

CANCER 21 Jun-22 Jul

You've been keeping a pretty close eye on your accounts for a couple of months. But the good news is, being tough with your finances has paid off and all restrictions are lifted.

Call to hear more on career shifts.
UK: 0905 8171564* IRL: 1560 787904*

SCORPIO 23 Oct-22 Nov

You might not be aware that some people have been fighting your corner during tough times and talking you up. Now your champions have been revealed and it's time to work together.

Call for more on a love declaration.
UK: 0905 8171568* IRL: 1560 787908*

AQUARIUS 21 Jan-19 Feb

'It's not you, it's me.' Is that the worst line ever? No matter what excuses you've heard regarding love or other matters, you can at last see why someone didn't work out. They're right, it was them.

Call for more on money matters.
UK: 0905 8171571* IRL: 1560 787911*

TAURUS 21 Apr-21 May

You're a free thinker, but are you a free doer? You've had a great idea or two, but will you risk the family arguments to put them into place? Decide between big changes or just a lie-down.

Love signals are confusing. Call me.
UK: 0905 8171562* IRL: 1560 787902*

LEO 23 Jul-22 Aug

There's nothing you can do about naysayers, Leo, so isn't it better to walk away and leave them to it? You've done your bit and raised awareness for those who can hear it, now let it rest.

Call for more on holiday offers.
UK: 0905 8171565* IRL: 1560 787905*

*Calls cost 80p per minute (ROI €1.28) plus your telephone company's network access charge and last approx 4 mins. Users must be over 18. Weekly lines updated on Saturdays. For entertainment purposes only. SP/IP: Spoke (UK: 0333 202 3390/ROI: 01437 8815)

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Or text TAROTNOW then your question to 86655 £3/text reading (UK only)***

Live Astrologers
Call 0906 344 0311 £1.50/min (UK only)**
Or text ASTRONOW (space) your date of birth (DDMMYY) and your question to 86655 £1.50 per msg x 2 (UK only)***

Calls cost £1.50 per minute (ROI €2.40) plus your telephone company's network access charge. Max call length 19.6 mins. Lines open 8am-1am every day; calls made outside of these hours will be charged. Booking line available Mon-Fri 9am-5.30pm. All calls recorded. Callers must be over 18. You must have the bill payer's permission. *Text readings cost £3 plus standard rate message. Psychics will promptly reply to all messages. For entertainment purposes only. When you text a psychic, you will get marketing messages from Time Inc. (UK) Ltd and Now magazine. However you can reply NOINFO at any time to unsubscribe from marketing messages. SP (UK)/IP (Eire): Spoke. Helpline: UK 0333 202 3392/ROI: 01437 8815 (9am-5pm, Mon-Fri). This service is regulated by PhonepayPlus.

The

Fix

What'll get
your pulse
racing
this week

GET YOUR

SEQUINS OUT

Strictly Come Dancing – The Launch Show

BBC1, 7.15pm, 5 September

With The X Factor launching last weekend, it means it's time for TV's other reality juggernaut to get to the front of the queue – yes, it's Strictly time! Tess Daly and Claudia Winkleman are back presenting, while Len Goodman, Darcey Bussell, Bruno Tonioli and Craig Revel Horwood will be doing the judging. But which professional dancers will the celebrities be jiving with this year? This launch show reveals all. Our money's on Peter Andre to swivel his snake hips to victory – but Ainsley Harriott could turn out to be a mean dancer, too. Especially if he wears pink feathers for us. Go on, Ainsley – you know you want to.

TV



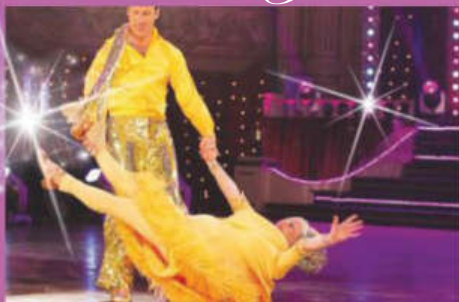
We can't wait to
see Peter Andre's
mysterious twirl



Who'll lift the
Strictly glitterball
trophy this year?

Strictly Come CRINGE

It's not always about who's got the hottest moves – sometimes it's the opposite that keeps us entertained



Ann Widdecombe, 2010

Ah, Ann. The former Tory MP lightened the tone by wearing yellow feathers and getting PULLED along the floor. Best stick to taxes and inflation stuff, luvvie.



John Sergeant, 2008

The BBC news correspondent lasted until week 10 despite being, er, a *bit* rubbish. He said: 'There's now a real danger I might win. Even for me, that would be a joke too far.'



Judy Murray, 2014

Unfortunately, Andy Murray's mum wasn't a good dancer. Her partner Anton Du Beke reportedly said: 'She was shit. Why couldn't they have given me Pixie Lott?'

A quickie with...

DIANA VICKERS

We catch up with the actress and former X Factor contestant, 24
What are you up to at the moment, Diana?

I'm rehearsing a new play called *Hatched 'N' Dispatched*. It's our first week, so I'm exhausted. It's a black comedy about a family who have a funeral and a christening in the same day. Loads of dirty laundry comes out. It's great.

Your career's moved from singing to theatre – was that always your plan?

I always wanted this to happen. I was going to go to drama school, but did *The X Factor* instead.

I'm really glad I'm in the acting world now and making the crossover has been brilliant.

Tell us about your new film *Awaiting...*

It's a psychological thriller with some gore. It's really gripping.

Looking back, was *The X Factor* a good thing for you?

Yes. It feels like ages ago now, but



it gave me a good platform.

Are you still in contact with people from the show?

Ruth Lorenzo's a dear friend and I see the JLS boys sometimes.

Will you watch the new series?

I'll definitely have a nosey. I think the new judging panel with Nick Grimshaw and Rita Ora's very down with the kids. It's a good mix.

What's next for you?

I'm in the BBC3 series *Top Coppers* and I'm doing *The Rocky Horror Show* later this year.

Awaiting is out on DVD on 7 September. *Hatched 'N' Dispatched* is at Park Theatre, London, until 26 September



A SIGH of relief

Gogglebox

Channel 4, 9pm, 11 September

OK, so summer might basically be over, but that's fine because the Gogglebox crew are returning to warm up our Friday nights – and we couldn't be happier. Of course, there's always the age-old

question: which is your favourite family? Is it Steph and Dom? Maybe Leon and June? Or the brilliant Sandy and Sandra? But the main thing is that the best show on telly, all about the telly, is back. Doesn't it feel like life's complete again?

THE HOT SPOT

What makes us sizzle or leaves us cold

SO NOW

Chambord Chapter Eight Games (eventbrite.co.uk)

The liqueur brand celebrates 150 years of Alice In Wonderland with a pop up bar, complete with a croquet lawn!

Lost-Bewildered by James King Out 15 September

The singer-songwriter from Yorkshire has got the swagger of James Dean and his debut EP is ace.

Hello Kitty Live: Fashion & Friends

Aventim Apollo, London, 8 October (hellokitty.live.com)

Still obsessed with the cutest cat ever? Then head to her stage show – yes, this is an actual thing.

Moving house

We've done it lots of times and still hate the upheaval – including packing everything so well you've got nothing to wear on moving day!

X Factor bashers

Shut it, you lot. We love it and it's on until Christmas. So deal.



MUSIC



SO NEVER

TV



TURN FOR MORE ➡



ART ATTACK

Enjoy precious time with your kids after school by getting stuck in to some fun craft activities together

It's that time of year again – the start of the new school term. If you've got little ones heading back to the classroom, you'll want to know they're all set for the challenge.

While they've been at home over the summer you've been able to spend time together doing fun activities like crafts and going to the park – and it's been easy to make sure they're drinking enough to stay healthy and hydrated. But that's not so simple when they're at school all day.

The human body has lots of important functions and it needs water to do many of them. Studies have proven that mild dehydration can lead to reductions in concentration and mental performance in children*. But as kids don't always think about drinking, even when they're

thirsty, they need to be reminded.

To ensure they're getting the recommended daily six to eight glasses of water**, encourage them to drink at home and at school. Pack a bottle of Nestlé Pure Life® in their schoolbag so they have easy access to water whenever they need it, such as at break and lunch times, and after exercising.

That way, by the time they get home from school they'll still have the energy and imagination to spend time doing crafty projects with you. Here are some fun ideas for you to try together...



5 Fun Ideas Your Kids Will Love

Dancing Dollies

Fold a strip of paper like a concertina. Draw a doll on the front, with its hands and feet touching the edges of the paper. Cut out the doll, avoiding the hands and feet. Unfold to reveal a row of dancing dollies. Colour in and give each one a happy face.



Roaring Rocket

Spray an empty water bottle with silver spray paint or cover it with aluminium foil. Make a cone from silver card and fix it over the top of the bottle. Cut out triangular side-fins from the silver card and tape them on. Add red crepe paper streamers for blast-off fire.

Musical Maracas

Mix paint and PVA glue (half and half) and use to paint two empty water bottles. Add glitter glue. When dry, pour in rice or pasta shapes. Tape the lids, then play a tune and shake your maracas in time to the music.

Finger Zoo

Dip a fingertip into paint and press it onto paper. Repeat until there are lots of different coloured finger-print 'bodies'. With a black felt-tip pen, add legs, eyes, noses, spots and stripes to make a mini zoo.

Fishy Friends

Stick several sheets of paper together to make a big poster. Paint it with blue wavy lines and add glitter glue. On separate sheets, paint fish, crabs, an octopus and a shark, plus rocks and seaweed. Cut them out and stick to the poster for a colourful undersea scene.

Chilling IN

Hamlet

On DVD 7 September

The incredible Maxine Peake plays the lead role in Shakespeare's ultimate tale of tragedy and betrayal, in the film of Sarah Frankcom's acclaimed stage production. Something's definitely rotten in the state of Denmark...

DVD

Doctor Foster

BBC1, 9pm, 9 September

In this new five-part drama series, Dr Gemma Foster (played by Suranne Jones) is a GP who finds her life suddenly becomes very messy when she suspects that her husband's having an affair.

TV



Ballers

Sky Atlantic, 10pm, 8 September

Got an Entourage-shaped hole in your life? Then rejoice at this new US comedy, starring The Rock as ex-footballer Spencer Strasmore. Mark Wahlberg also pops up.

TV



Lady Chatterley's Lover

BBC1, 9pm, 6 September

Holliday Grainger stars as Lady Chatterley in this one-off adaptation of the famously racy DH Lawrence novel about a posh married lady who has an affair with her gardener Mellors (Richard Madden). You will blush.

TV



Chilling OUT

FILM



Miss Julie

At cinemas 4 September

Mmm, Colin Farrell time... A member of the aristocracy encourages her father's valet to seduce her. So would we, if our dad had a valet and he looked like Colin. Er, what's a valet?

Mary Poppins

Nationwide, from October 12 (marypoppins.co.uk)

The multi-award winning musical begins its UK tour. The supercalifragilistic story of the kindly nanny is a spoonful of fun for children and adults alike.

THEATRE



FILM

American Ultra

At cinemas 4 September

Jesse Eisenberg and Kristen Stewart star in this comedy about a slacker who's actually a lethal CIA agent. That's a pretty good disguise if ever we heard one...

Dope

At cinemas 4 September

Malcolm (played by Shameik Moore) is a geeky kid in a tough part of LA – but everything changes after he's invited to a party. A coming-of-age tale for the hip-hop generation.



FILM

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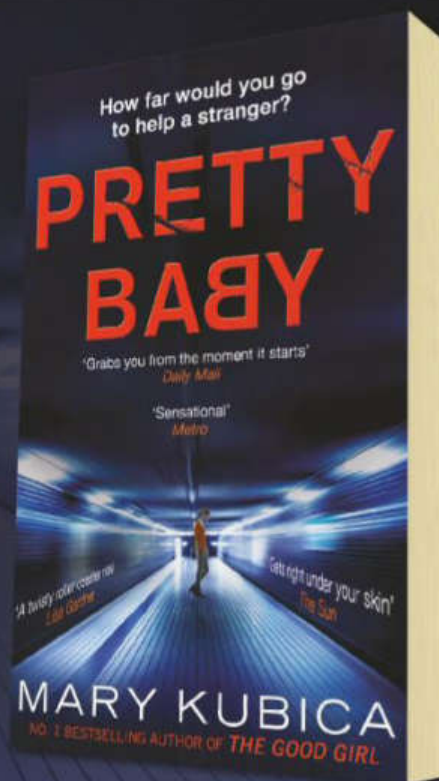
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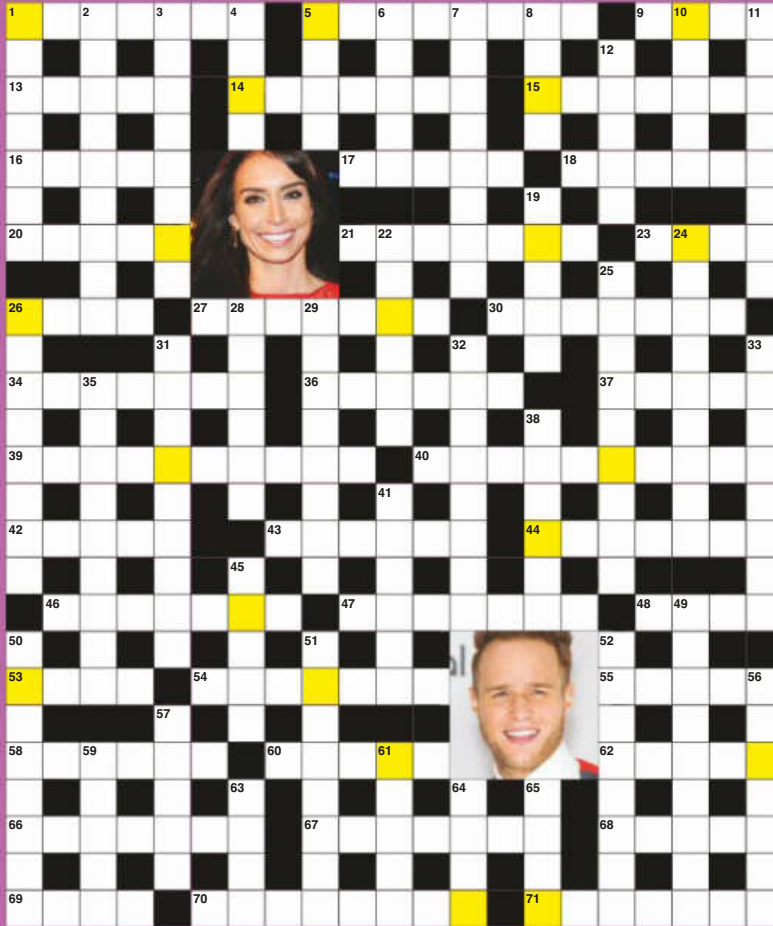
Fill in the answers in the grid below and the letters in the yellow squares will spell out the answer to this bonus question: Christine Bleakley and Olly Murs were voted as the female and male celebrities who most resemble what?

ACROSS

- 1 Delivery details (7)
- 5 Holiday (8)
- 9 Soldiers' dining room (4)
- 13 Mixer often had with gin (5)
- 14 Set free (7)
- 15 Pressurised spray can (7)
- 16 Sports stadium (5)
- 17 Item of cutlery (5)
- 18 Germany's capital (6)
- 20 Object, item (5)
- 21 Heavy jersey (7)
- 23 Wind instrument (4)
- 26 Ladder step (4)
- 27 Largest ocean (7)
- 30 Extend, like elastic (7)
- 34 Explosive mountain (7)
- 36 Panoramic, with a pleasant view (6)
- 37 Nightclub (5)
- 39 Ninety degree corner (5, 5)
- 40 Light up (10)
- 42 Crowd scene actor (5)
- 43 Thin twine or rope (6)
- 44 Dangle (7)
- 46 Affluent (7)
- 47 Football match official (7)
- 48 Develop to be larger (4)
- 53 Section (4)
- 54 American toll-free major road (7)
- 55 Away from land on a ship (2,3)
- 58 Chewy sweet (6)
- 60 Egyptian capital (5)
- 62 Makes money (5)
- 66 Pays no attention to (7)
- 67 Clothing (7)
- 68 Seed that might become an oak (5)
- 69 Cook slowly (4)
- 70 Napoleon's final battle (8)
- 71 Not manmade (7)

DOWN

- 1 Allure, entice (7)
- 2 Common weed with a yellow flower (9)



- 3 Swap, barter (8)
- 4 Certain (4)
- 5 Small mouse-like rodent (4)
- 6 Painful muscle spasm (5)
- 7 Abstaining from alcohol (8)
- 8 Egg-shaped (4)
- 10 Artist's canvas support (5)
- 11 Device that reduces the noise of a gunshot (8)
- 12 Welcome with open arms (5)
- 19 Molars (5)
- 22 Restaurant worker (6)

- 24 Behind the scenes at a theatre (9)
- 25 Most lethal (9)
- 26 Drove a car backwards (8)
- 28 Quantity (6)
- 29 Wrap to prevent loss of heat (8)
- 31 Not entirely (9)
- 32 Conversation in a film or novel (8)
- 33 Kind of melon (8)
- 35 Measure of distance in astronomy (5,4)
- 38 Chase after (6)
- 41 Film theatre (6)

- 45 In bronze medal spot (5)
- 49 Artificial lake as a water source (9)
- 50 On a higher floor (8)
- 51 Divide out (8)
- 52 Join in, participate (4,4)
- 56 Store of weapons (7)
- 57 Cross-channel or river vessel (5)
- 59 Barrier between gardens (5)
- 61 Drive off (5)
- 63 Eastern continent (4)
- 64 Musical threesome (4)
- 65 Scottish family group

ANSWERS

ACROSS 1 Address 5 Vacation 9 Mess 13 Tonic 14 Release 15 Aerosol 16 Arena 17 Spoon 18 Berlin 20 Thing 21 Sweater 23 Oboe 26 Rung 27 Pacific 30 Street 34 Volcano 36 Disco 39 Right angle 40 Illuminate 42 Extra 43 String 44 Suspend 46 Wealthy 47 Referee 48 Grow 53 Part 54 Freeway 55 At sea 58 Toffee 60 Cairo 62 Earns 66 Ignore 67 Apparel 68 Acom 69 Stew 70 Waterloo 71 Natural DOWN 1 Down 2 Dandelion 3 Exchange 4 Sure 5 Vole 6 Camp 7 Toffee 8 Oval 10 Ease 11 Silencer 12 Grease 19 Teeth 22 Waiter 24 Backstage 25 Deadliest 26 Reverser 29 Insulate 31 Partially 32 Dialogue 33 Honeydew 35 Light year 38 Pursue 41 Cinema 45 Third 49 Reservoir 50 Upstairs 51 Separate 52 Take part 56 Arsenal 57 Ferry 59 Fence 61 Repel 63 Asia 64 Trio 65 Clan BONUS answer: Average British person

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NOW

Whatever happened to....?

Emily Symons



As Marilyn Chambers, she wed Donald Fisher in Home And Away



She's been with her partner Paul for just over two years



In Emmerdale as barmaid Louise (right)

Fair dinkum, we remember her!

Emily, 46, is most famous for her role as ditzy Marilyn Chambers in Home And Away, who married twice-her-age Summer Bay principal Donald Fisher. She also played barmaid Louise Appleton in Emmerdale.

How did Emily get her big break?

Emily left school before finishing her exams to launch herself into the acting world. For nearly a year, she worked in shops before getting her big break in a post office training video. That led to her first big role in Aussie soap Richmond Hill and in 1989 she

beat Dannii Minogue to the role of Marilyn in Home And Away, staying in the soap for three years. She quit in 1992 to marry musician Nick Lipscombe, but after they split she returned for another stint, from 1995 to 1999.

So how did an Aussie end up in Emmerdale?

Emily moved to London after quitting Home And Away. Despite a few panto appearances, she was struggling to get an agent, when she was asked to join Emmerdale. The producers were looking for an Australian to play their 'sassy new Woolpack barmaid' Louise – and were so keen to have her she didn't even need to audition.

Is she married now?

In 2003 she tied the knot with Lorenzo Smith, son of Viscount Hambleden and descendant of stationery tycoon WH Smith. But they split after two years, with Emily later admitting that their struggle to have children, including having IVF 'killed' the marriage. She later dated her Emmerdale

co-star Matt Healey, who played Matthew King, but they split in 2007.

What happened next?

After appearing on Dancing On Ice the same year, she headed home to Oz and resumed the role of Marilyn, who she's still playing now.

Emily and her partner Paul Jackson, 45, finally welcomed a longed-for baby boy a week before her birthday, on 3 August. Aww!

If you want to hear about or have seen a once-famous celeb – or you are a once-famous celeb! – get in touch at nowmagletters@timeinc.com



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